	Thursday,	3	October	2024
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2 (10.00 am)

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- 3 LADY SMITH: Good morning.
- We turn to another school today, I think,
- 5 Mr Peoples, is that not right?
- 6 MR PEOPLES: Yes, my Lady.
- 7 We're going to move on in this particular chapter to
- 8 hear some evidence today about Balnacraig School. The
- 9 first witness we have this morning is David Law.
- 10 LADY SMITH: Thank you.
- 11 David Law (sworn)
- 12 LADY SMITH: David, thank you for coming along this morning
- 13 to help us with evidence about Balnacraig School, which
- 14 we're now moving on to. I'm very grateful to you for
- doing that and also for us having in advance a very
- 16 detailed and thorough response to the many questions we
- 17 sent you. I'm grateful for that.
- 18 As we go through your evidence, you have the hard
- 19 copy there in front of you. We'll bring the parts of it
- 20 up on screen that we want to look at and some other
- 21 documents that we may want to discuss with you.
- 22 If at any time you have any questions or you want
- 23 a break, please just say. Anything that I can do to
- 24 make the process of getting through the hard work of
- 25 giving this evidence to us, just say.

- If you're ready, I'll hand over to Mr Peoples and
- 2 he'll take it from there.
- 3 A. Can I just, before we start, correct something from the
- 4 framework document that I mentioned before? About
- 5 a phrasing which is different from what I had written.
- 6 MR PEOPLES: If you wish. I would deal with that in due
- 7 course -- it may be better to deal with it when we talk
- 8 about restraint in the context of your report.
- 9 A. Okay, fine.
- 10 LADY SMITH: Would you like just to tell me what page it's
- on, so that I'll know?
- 12 A. It's 11.3.
- 13 LADY SMITH: 11.3.
- 14 MR PEOPLES: I think you feel that the inclusion of the word
- 'regular' doesn't reflect what you say in the report you
- 16 provided to the Inquiry, otherwise I don't think you
- 17 have an issue with --
- 18 A. No, it's just -- I was struck when I was looking through
- 19 the records how little of the tawse and corporal
- 20 punishment had been used, so I wouldn't want the wrong
- 21 impression to be given by a phrase.
- 22 LADY SMITH: Thank you.
- 23 A. Thank you.
- 24 LADY SMITH: Mr Peoples.
- 25. Questions by Mr Peoples

- 1 MR PEOPLES: Good morning, David.
- 2 Can I say that you have a copy of the report that
- 3 you prepared in 2019 for this Inquiry. It was done,
- 4 I think, on behalf of the then chief executive and the
- 5 directors of Balnacraig School; is that correct?
- 6 A. Yeah.
- 7 Q. What I propose to do this morning is just to focus on
- 8 some parts of the report and it's in no way to minimise
- 9 the importance of other things you tell us and you can
- 10 take it that we've looked at the whole report and it's
- 11 all very valuable material for our purposes. Like the
- 12 Chair, I would like to say that it is a very
- 13 comprehensive report, based on the researches of the
- 14 records which you have conducted.
- 15 Can I begin, David, by just getting a bit of
- 16 background about you and we know that you were, I think,
- 17 commissioned effectively to prepare this report, but
- 18 you've had other connections with the school in more
- 19 recent times, is that correct?
- 20 A. Both before and since.
- 21 Q. Before and since. Just before I ask you about that,
- 22 I think you can confirm that the school itself did close
- 23 in 2021?
- 24 A. Yes.
- 25 Q. Which is obviously subsequent to the report that you

- 1 provided, so we're aware of that.
- 2 A. Yeah.
- 3 Q. Before it closed, what was your connection with the
- 4 school?
- 5 A. About halfway through writing the report, the then
- 6 Chair -- who had been trying to get out of being Chair,
- 7 he'd been Chair for a long time -- asked me if I would
- 8 join the board with a view to becoming Chair and
- 9 I somewhat reluctantly agreed, but agreed. So basically
- 10 I then, the latter part of writing the report, I was
- 11 also operating as Chair and stayed as Chair through to
- 12 its closure.
- 13 The other relevant bit, which I mention in my
- 14 response, is that I worked in Central Region and then
- 15 Falkirk for a number years as child protection
- 16 co-ordinator.
- 17 Q. I was going to ask you a little -- I was going to
- 18 perhaps pick out some, and if I miss out anything
- 19 significant you can tell me --
- 20 A. Okay, yeah.
- 21 Q. -- because I was going to come to that. I just wanted
- 22 initially to find out, because obviously you started off
- 23 doing a report?
- 24 A. Yeah.
- 25 Q. Perhaps because of the experience you had before, you

- were chosen for that, but then you did become ... would
- 2 it be one of the directors and then the Chair of the
- 3 board?
- 4 A. Yes, yes.
- 5 Q. As far as your background is concerned, you are now
- 6 retired, I think, is that right?
- 7 A. Yes.
- 8 Q. But you have had quite a wide experience, if I could put
- 9 it that way, in the area of children, child law, child
- 10 welfare, child protection and so forth?
- 11 A. Yes.
- 12 Q. You have, I think you tell us, and it's not necessarily
- an updated CV, but there is in the report you prepared,
- 14 appendix 1, a biography, and it starts on page 211 and I
- think it will include some of the things I'm just going
- 16 to pick out.
- 17 You tell us that you have a Bachelor of Laws
- 18 (Honours) degree in Scots law from the University of
- 19 Dundee, which you obtained in 2016?
- 20 A. Yes.
- 21 Q. One of the things you have done was to prepare this
- 22 report in a consulting capacity?
- 23 A. Mm-hmm.
- 24 Q. You tell us that between 2020 and 2022, you were
- 25 a project worker with Perth and Kinross Council,

- assisting the council in its response to our Inquiry in
- 2 relation to foster care, is that correct?
- 3 A. Yes, that's right.
- 4 Q. Between 2016 and 2019, you were a lecturer and teacher
- 5 at the University of Stirling in the faculty of social
- 6 sciences and you were lecturing in social work, law and
- 7 policy and was that in the BA Honours class?
- 8 A. And master's.
- 9 Q. And master's.
- 10 A. The teaching was at Dundee as well. I overlapped
- 11 between the two, so from 2016 onwards I had some time
- 12 with Dundee and then some time at Stirling and some
- 13 overlapping.
- 14 Q. I was going to say that in the same period, you were
- 15 a lecturer at the University of Dundee
- 16 School of Education and Social Work --
- 17 A. Yes.
- 18 Q. -- and you were lecturing in social work, law and policy
- 19 and, I think, law, legal ethics and risks for, would
- 20 that be a Master of Science degree?
- 21 A. Yeah.
- 22 Q. Going further back in time, between 1991 and 2002, you
- 23 were a child protection co-ordinator for Falkirk Council
- 24 in their Social Work Services department and that,
- 25 I think, would also have previously been

- 1 Central Regional Council --
- 2 A. 1994 to 1996 was Central, 1996 onwards --
- 3 Q. That that would, in broad terms, as you tell us, that
- 4 that would have had responsibility for child protection
- 5 matters, including investigations, chairing case
- 6 conferences, looked-after reviews and so forth, is that
- 7 correct?
- 8 A. Yeah.
- 9 Q. You had lead officer responsibility for implementation
- of the Children (Scotland) Act 1995?
- 11 A. Yeah.
- 12 Q. Including training of all social work staff, council
- 13 staff, health professionals and, indeed, the police, is
- 14 that right?
- 15 A. Yeah.
- 16 Q. Between 1994 and 2001, you were an associate lecturer at
- 17 the University of Dundee and you were dealing with child
- 18 and family law at that time, including a postgraduate
- 19 course leading to a postgraduate certificate in child
- 20 protection?
- 21 A. That's right. I had co-written the materials with
- 22 Kathleen Marshall --
- 23 Q. Yes, she is someone we are familiar.
- 24 A. I would presume so. We co-wrote the materials and then
- 25 split the teaching across Scotland.

- 1 Q. Then for a period between January 1990 and July 1991,
- 2 you were a staff development and training officer within
- 3 the Children and Families Services with
- 4 Fife Regional Council, is that correct?
- 5 A. That's correct.
- 6 Q. To some extent, that work involved development of local
- 7 child protection committees, which, I think, is again
- 8 something that in more modern times came out of more
- 9 recent legislation?
- 10 A. Yes.
- 11 Q. Going further back -- I'm not going to pick it all out,
- 12 but I'll pick some of it out -- between 1985 and 1987,
- 13 you were a probation officer down south in Berkshire, is
- 14 that right?
- 15 A. That's right.
- 16 Q. You were specialising in juvenile justice and family
- 17 court work?
- 18 A. Yes.
- 19 Q. Between 1984 and 1985, you were a senior residential
- 20 social worker employed by Surrey County Council and you
- 21 were, I think, working at a community home with
- 22 education in Surrey?
- 23 A. Yes, that's right.
- 24 Can I just say, one of the significant things about
- 25 that in the context of the Inquiry, is I've subsequently

- 1 given evidence to the English inquiry into that
- 2 particular school and several of my ex-colleagues were
- 3 prosecuted and sent to prison, including the head of the
- 4 establishment, so that was my first experience of
- 5 an inquiry into abusive practices.
- 6 Q. Can I take from you this very short, I don't want
- 7 obviously to trespass on what IICSA did, but you have
- 8 told us that several people, including the head of the
- 9 establishment, were prosecuted --
- 10 A. Yes.
- 11 Q. -- and convicted?
- 12 A. Yes.
- 13 O. You worked with them?
- 14 A. Mm-hmm.
- 15 Q. At the time you worked with them, had you any concerns
- or inkling that they might have done the things they
- 17 were subsequently convicted of?
- 18 A. A proportion of it, no, certainly not the sexual abuse.
- 19 One of my reasons for leaving residential care is that
- 20 there was a particular incident with a child, who was
- 21 causing trouble in the unit, the headmaster asked to see
- 22 him, I took him over and basically the headmaster
- 23 assaulted him. I tried reporting it subsequently to
- 24 Surrey and to the police and nobody was interested and
- 25 I thought, you know, I'm in a position where I can't

- actually do much to change this, but I'm not prepared to
- 2 be part of the culture. So I left.
- 3 Q. The reason I'm asking that question is that we have
- 4 heard in this Inquiry, indeed we have heard during this
- 5 particular chapter, people saying, 'I was working in
- an environment and if there's evidence that abuse was
- 7 going on, I wasn't aware. I didn't have concerns about
- 8 staff who are the subject of allegations'. It sounds as
- 9 if that's not, in fact, dissimilar to the situation you
- 10 may have found yourself in at the school you've just
- 11 mentioned, or the home you've mentioned?
- 12 A. The comparison I would make is, I mean, obviously I have
- dealt with a lot of child protection (Inaudible)
- 14 conferences, and the common echo from family, relatives
- is, 'We didn't know it was going on'.
- 16 In a way, you know, a lot of what I saw, you know,
- or subsequently know about what was happening in
- 18 residential care, is the same. People either don't
- 19 understand what's going on, they don't want to see it.
- In my case, I would -- when I saw it happening,
- I reacted to it, but a lot of people I worked beside,
- 22 who were really good workers, who would never condone
- 23 it, particularly when it comes to ... the nature of
- 24 sexual abuse is that it's hidden and just like in
- 25 families, where people don't know what's going on,

- 1 establishments are much the same.
- 2 Q. I mean, we have had evidence of people who --
- 3 LADY SMITH: Mr Peoples, I'm sorry the technology is needing
- 4 a break. I'll rise for five minutes.
- 5 I'm sorry about this David, there is a problem.
- 6 (10.15 am)
- 7 (A short break)
- 8 (10.22 am)
- 9 LADY SMITH: David, I'm so sorry about that.
- 10 A. That's okay.
- 11 LADY SMITH: I understand it was to do with the external
- 12 link. You'll appreciate some people are following the
- 13 evidence remotely and we received a message they could
- 14 neither see nor hear you and they really want to do
- 15 that. We're now sorted.
- Mr Peoples.
- 17 MR PEOPLES: My Lady.
- 18 David, before I go back to what I was asking you
- 19 about, you have told us today that, subsequent to being
- 20 asked to do this report, you became a member of the
- 21 board and then Chair of the board of directors of
- 22 Balnacraig.
- 23 A. Yes.
- 24 Q. I think you would like, at this stage perhaps, to say
- 25 something in your capacity as a former Chair of the

- board and director?
- 2 A. Yes. Basically obviously I'm here as the author of the
- 3 report and the consultancy that I was asked to take on
- 4 by Balnacraig. I finished my job and my own involvement
- 5 with Balnacraig as chair of the board and really I just
- 6 want to apologise on behalf of the board for any young
- 7 person or any adult that's been involved in abusive
- 8 practices or poor practice as part of their time in
- 9 Balnacraig. Hopefully what comes across in my CV is
- 10 I've always been committed to quality care, so it's
- 11 quite disappointing when you see poor quality care. And
- 12 I say, on behalf of the board and on behalf of
- Balnacraig, I would like to apologise to anybody that's
- 14 been affected by that.
- 15 LADY SMITH: Thank you, David.
- 16 MR PEOPLES: Before I take you to the report, we were
- 17 discussing, I think, the circumstances in which you left
- 18 the home in Surrey that was the subject of evidence at
- 19 the English inquiry and the fact that some people that
- 20 work in places are not themselves the subject of
- 21 allegations, but they frequently appear to have been
- 22 there when things have happened and have not always
- 23 spoken up.
- 24 A. Mm-hmm.
- 25 Q. Would you accept -- in your case you did try to speak up

- and you didn't feel you were listened to and you moved
 away from that particular place.
- 3 Do you recognise that people who work in
- 4 institutions and see things that they perhaps know are
- 5 wrong, don't always feel able to speak out, because
- 6 whistleblowing about colleagues, as I think we know
- 7 generally, is a difficult situation to be in and some
- 8 people feel that by doing so, however well intentioned
- 9 and however important it is, that they are the people
- 10 that ultimately suffer from doing so?
- 11 A. I totally agree. I think there are two aspects to that.
- 12 One is they will witness stuff. As I say, sexual
- 13 abuse is slightly different in the sense they don't
- 14 necessarily know it's going on. With physical abuse and
- 15 restraint, I think it's a slightly different ball game.
- Quite often they will see stuff and they're told the
- 17 practice is acceptable and one of the problems with
- 18 residential care, particularly when we look back at the
- 19 sort of periods we're looking at, is there are a lot of
- inexperienced people who have no real background, no
- 21 real training, to be able to make judgments about what
- is good practice and what is not good practice.
- 23 There are a proportion of people who will see
- 24 something as being wrong, but, because of fear of losing
- 25 their job, because of fear of speaking up, they don't

- feel able to. So, you know, there's those two elements
- 2 to it. It's about recognising what's bad practice in
- 3 the first place and, particularly when we're talking
- 4 about physical abuse and restraint, we'll come on to
- 5 things like the tawse, when the sort of comparing it to
- 6 what is common in society, they wouldn't necessarily be
- 7 able to distinguish between what's excessive and what's
- 8 normal, if that makes sense.
- 9 Q. We come across quite frequently -- certainly in this
- 10 Inquiry -- that people who have eventually raised
- 11 concerns have done so after they've left the employment?
- 12 A. Yes.
- 13 O. That's not an uncommon situation?
- 14 A. Mm-hmm.
- 15 Q. Perhaps to avoid the consequences that might happen if
- 16 they said something while they were still employed?
- 17 A. The other aspect; I mean, I know with students
- 18 I've worked with, memories of places they've worked and
- 19 things they've seen are triggered by what's been part of
- 20 the training and they reflect on it and realise that
- 21 what they experienced wasn't good and then have reported
- it. So, you know, it's that balance, I suppose.
- 23 Q. The other aspect to speaking up and speaking out is that
- 24 -- and we know this from other evidence -- that many
- young people who say that they've had bad experiences,

- 1 and tell of them sometimes as adults, don't feel able to
- 2 speak out at the time for a variety of reasons. There's
- 3 not a single reason always, but that's quite a common
- 4 scenario?
- 5 A. Definitely.
- 6 Q. Those that do speak out, I think we have heard,
- 7 certainly historically, often were met with the response
- 8 of not believing and not being taken seriously and not
- 9 being listened to?
- 10 A. And being punished for it, less time with their parents.
- 11 Q. And being punished.
- 12 Another matter you touched on there, I don't know to
- 13 what extent you felt that this is reflected in
- 14 Balnacraig's history, is that many of the care staff in
- 15 these approved schools, List D schools, and subsequently
- 16 residential schools in Scotland, were, as you say,
- 17 coming from backgrounds that didn't have any experience
- of looking after children in care or vulnerable children
- in care. They were unqualified, they didn't have
- 20 appropriate qualifications to equip them to handle the
- 21 experiences that they might face. That is something,
- I take it, that you've come across?
- 23 A. I've come across. I'd have to say I have slightly mixed
- 24 views on it, in the sense that today I probably wouldn't
- 25 have been able to start in residential work in the way

- that I did, because I came in without qualifications.
- 2 I had failed miserably at school. I had time in
- a religious order, as you can see from my CV, and worked
- 4 with children on a voluntary basis through that, but in
- 5 terms of the formal qualifications and knowledge and
- 6 experience, residential work historically took people
- 7 without that background.
- 8 However, a lot of the people -- I would like to
- 9 include myself in that -- came in with the right
- 10 motivation, the right belief system and worked well.
- 11 But I totally accept there are others that didn't come
- 12 in with that.
- But the reason why I highlight that is, you probably
- 14 see implicit to my commentary about what happened when
- 15 Balnacraig changed to a List D school, a concern almost
- 16 that we were going in the opposite direction from what,
- on the face of it, I know we'll come to this, was
- 18 an inexperienced but nurturing, sort of caring,
- 19 environment, into a very professionalisation and all of
- 20 the problems that brought with it, in terms of trying to
- 21 regiment and set a set of principles, which actually
- 22 lost some of the care quality.
- 23 Q. I take what you're saying, although I suppose you would
- 24 accept, as a general proposition, that with education
- 25 comes understanding --

- 1 A. Yes.
- 2 Q. -- and many of these people that were placed in a very
- 3 demanding role didn't have the understanding to deal
- 4 with situations, which the young people they cared for
- 5 would present with?
- 6 A. Yes, yes.
- 7 Q. Although some would deal with situations in a way that
- 8 it didn't matter what educational understanding, they
- 9 would sometimes do the wrong thing, because there's
- a mixture, I think, in an environment where people lack
- 11 qualifications. Indeed, where they do have
- 12 qualifications, there are instances of people who do
- abuse children, so qualifications aren't necessarily the
- 14 answer --
- 15 A. It's also to do with the principles under that
- 16 education, which I suppose I struggle with. You picked
- 17 up from the report some critical thinking -- for want of
- 18 a better way of putting it -- about the whole children's
- 19 hearing system in Kilbrandon and the focus on the child
- 20 as a problem.
- 21 England was as bad. England, in my view, moved
- 22 ahead earlier in terms of, as the 1995 Act does,
- focusing on the child, the children's needs, but without
- 24 blaming the child. I think Kilbrandon focused on the
- 25 child being to blame and I think when you then have

- 1 professionals with the training that's saying, 'This is
- 2 what our way of thinking is, this is our approach, it's
- 3 an approach to juvenile delinquency'. That can often
- 4 reinforce the negative rather than the positive.
- 5 Q. We may come back to that in due course.
- 6 Can I take you to the report that you provided and
- 7 I'll just, for our purposes, give the reference, it's
- 8 BLC.001.001.0116.
- 9 You don't need to concern yourself with that.
- I think, when it comes on screen, I might be wrong in
- 11 this, your numbering is probably slightly different in
- the report to our numbering. You'll see on the screen,
- 13 I think if you go to page --
- 14 LADY SMITH: It's just one digit out.
- 15 MR PEOPLES: It's just one page.
- 16 A. Okay.
- 17 Q. If I refer to a page number during the course of your
- 18 evidence today, I'll try to refer to the page for our
- 19 purposes, recognising that your page number is one less.
- 20 A. Can I just clarify, the page number on the screen is the
- 21 same in the document.
- 22 Q. I think if you go to page --
- 23 LADY SMITH: If you go to the table of contents page, you
- 24 will see this style with, I think, your number, number
- 25 1, being there and if you go down to the number that is

- 1 against our BLC reference in a smaller font, we have 2.
- The lower one is our number, the higher one is yours.
- 3 A. Okay, no problem.
- 4 MR PEOPLES: The bottom right-hand corner is our number in,
- 5 as her Ladyship says, the smaller font.
- 6 A. No problem.
- 7 Q. Just in case there's any confusion here.
- 8 A. Yes.
- 9 Q. Just taking that page, if we go to our page 2, there,
- 10 and on subsequent pages, you have a table of contents?
- 11 A. Yes.
- 12 Q. I think it does then show the various matters you were
- asked to deal with in the report. You have helpfully
- 14 set them out in some detail, including, essentially, the
- 15 questions that lie behind the matters that we're seeking
- 16 information on.
- 17 I'm not going to take you through the contents and,
- 18 indeed, what I propose to do is probably to move fairly
- 19 quickly to certain parts of your report today, but we
- 20 have the whole report and we can look at particular
- 21 parts to deal with particular issues in due course.
- 22 Another matter I can just deal with before we go on,
- 23 I don't want to labour this at this stage, this is
- 24 a records-based report essentially?
- 25 A. Yes.

- 1 Q. On our page 34, you have a heading, 'Information
- 2 sources', and I think you seek to tell us the sources
- 3 that were drawn upon to prepare the report. I'll not
- 4 list them all, but these, I assume, were records which
- 5 were still available that were held by the school?
- 6 A. Yes.
- 7 Q. And --
- 8 A. The bit I would add to that, which I think I have
- 9 touched upon, these sort of paper records, which
- 10 I've listed, going back to 1930/1925/1926 sort of time,
- 11 there were also significant records of a similar nature
- 12 going back to 1843.
- 13 Q. You do tell us the historical position, and it is
- 14 relevant, but, perhaps fortunately, we have a pretty
- long timeframe to look at anyway, but we have tended to
- 16 focus on, because of living memories, part of our remit,
- we tended to look at the period beyond 1930?
- 18 A. The only reason I highlight that is what I picked up in
- 19 looking at pre-1930 is setting the context of how
- 20 Balnacraig, Wellshill, the trust started.
- 21 Q. Don't apologise. It's something that, indeed,
- 22 Professor Norrie when he assisted us felt necessary to
- 23 do as well, to put matters in context. It's very
- 24 helpful, it's just that I probably won't deal with it in
- 25 any detail.

- 1 A. I mean, the only thing I would add to that in terms of
- 2 context is from the material I prepared a booklet for
- 3 more wider distribution and one of the things I say in
- 4 the opening of that is that the history of Balnacraig in
- 5 many ways is the history of children and childcare in
- 6 Scotland, because when we started, it was that shift
- 7 from children and families coming in from farms into the
- 8 industrial revolution. In that sense, I think it's
- 9 guite telling about how, not just in terms of
- 10 Balnacraig, but in terms of how children and children's
- 11 services and the early stages of legislation have
- 12 developed.
- 13 Q. Can I begin, not by focusing on particular parts of the
- 14 report, and I'll come back to some matters. I want to
- 15 get a general overview before we get to matters of
- 16 detail and correct me if I say anything that you
- 17 disagree with about the school in general.
- 18 First of all, the period of operation was from 1843
- 19 through to 2021, albeit that it wasn't the Balnacraig
- 20 that we know now?
- 21 A. It was 1843 that the trust was started, to begin with
- 22 that was operating in a few flats. It wasn't even
- 23 really a children's home. Within probably ten years, it
- 24 was probably more formalised to something we would
- 25 recognise today.

- 1 Q. If we move on, there was an industrial school that began
- 2 in the 19th century, called Wellshill Industrial School.
- 3 What you tell us in the report is that
- 4 Wellshill Industrial School, as did many others, became
- 5 an approved school in about 1933?
- 6 A. Yes.
- 7 Q. It was renamed Balnacraig in 1950; is that correct?
- 8 A. Yeah.
- 9 Q. At this point, Wellshill School, before 1950, was on
- 10 a different site?
- 11 A. Yes.
- 12 Q. In Perth?
- 13 A. Yes.
- 14 Q. Around 1950, it moved to the site it stayed -- at?
- 15 A. My understanding is the site it was on was no longer
- 16 suitable and Perth wanted to redevelop site and we
- 17 acquired this property at Balnacraig, and because
- 18 'Balnacraig' is written big across the gates and perhaps
- 19 an idea of moving on, it was renamed to Balnacraig.
- 20 Q. So from 1950 it was known as Balnacraig?
- 21 A. Yes.
- 22 Q. It was operating from a different site?
- 23 A. Mm-hmm. Just to clarify, before 1930, although
- 24 Wellshill at that point was the only remaining
- 25 establishment, that was an amalgamation of other

- 1 establishments, including working with boys.
- 2 Q. You tell us about that in your report. We can take note
- 3 of that.
- 4 Also what did happen, when the school moved, if you
- 5 like, and was renamed, was that the pupils there and
- 6 staff generally moved over to the new school?
- 7 A. Yes.
- 8 Q. Indeed, SNR , Miss GXJ , who had
- 9 been at Wellshill 1950, moved over to Balnacraig
- 10 and stayed for
- 11 A. Yes. She was there for at least , if not more.
- 12 Q. Around about 1960s/197 or thereabouts?
- 13 A. I think she left shortly before it became a List D
- 14 school.
- 15 Q. That's what I was going to come on to, we know that the
- 16 Social Work (Scotland) Act was passed in 1968 and we
- 17 know that the children's hearing system was set up and
- 18 operational in 1971, and at that point what had
- 19 previously been known as approved schools became List D
- 20 schools?
- 21 A. Mm-hmm.
- Just to clarify, my understanding and you may know
- 23 better on this than I do, although the Act was passed in
- 24 1968, the implementation, or parts of it, didn't
- 25 actually happen until about 1974.

- 1 Q. There were parts that had to be left over while various
- 2 measures were put in place. The hearing system itself
- 3 was one of these things that didn't come into force
- 4 immediately, the Act, but there was also a broad
- 5 intention to have a transitional period where what
- 6 became List D schools would eventually become part of
- 7 the general local authority provision for children in
- 8 their area?
- 9 A. Okay.
- 10 Q. I think that is the broad picture?
- 11 A. Can I just clarify about the transition from Wellshill
- 12 to Balnacraig, I'm not sure whether it was highlighted
- in the book, but there was about three years when that
- 14 transition was known about and my understanding is that
- 15 all of the staff and young people will have known about
- 16 that. It was delayed because it was an Admiralty
- 17 building post war, we had to wait for the Admiralty to
- 18 move out.
- 19 Q. Of the new premises?
- 20 A. Yeah. I mean, it's a baronial mansion which had been
- 21 taken over from the family by the Admiralty during the
- 22 war.
- 23 Q. Until 1971, again just to get the broad picture, with
- 24 a very limited exception, the staff were all female?
- 25 A. Yes.

- 1 Q. I think there was perhaps a period of temporary cover by
- a male teacher in the early 1960s, Mr Kerr?
- 3 A. Mr Kerr, who came from Oakbank to cover while
- 4 Miss GXJ was --
- 5 Q. Miss GXJ was sick --
- 6 A. -- sick.
- 7 Q. -- and we'll come to this, but there were a few problems
- 8 at that time but he came in on a temporary basis?
- 9 A. Other than that, the only male member of staff was the
- 10 gardener.
- 11 Q. Was the gardener, yes.
- 12 When central government direct funding was withdrawn
- in April 1986, from that point onwards, Balnacraig, like
- 14 other places, including Oakbank, became residential
- 15 schools and were subject to new regulations applying to
- 16 residential establishments and that, in the case of
- 17 Balnacraig, it continued to operate as an independent
- 18 school?
- 19 A. Mm-hmm.
- 20 Q. I think from 1971, the majority of children placed at
- 21 Balnacraig would have been sent there via the children's
- 22 hearing system, whereas previous to that, a significant
- 23 number would be sent there or committed by a juvenile
- 24 court?
- 25 A. I think -- I mean on the face of it, it seems as if

- 1 compulsory attendance or compulsory residence at
- Balnacraig started with the hearing system. In actual
- fact, and you've probably read it already, there is
- 4 a point when the Scottish Office actually made the
- 5 decision that schools like Balnacraig would no longer
- 6 take voluntary children. Within a relatively short
- 7 period of time, this is several years, sort of
- 8 mid-1960s, I think, when we stopped having voluntary
- 9 placements.
- 10 Q. We know in the 1950s there was a mixture of people and
- 11 some came as young offenders, if you like, and some came
- on care and protection grounds, some came just through
- 13 the mechanism of the Children Act 1948, via
- 14 local authority or an agency such as the RSSPCC and so
- 15 forth, so there was a mixture --
- 16 A. Yes.
- 17 Q. -- but that tailed off and in the 1960s, largely
- 18 speaking, children went to schools like Balnacraig
- 19 because of some form of court order, either as
- 20 an offender, who was convicted, or as a child in need of
- 21 care and protection?
- 22 A. Yes. I mean, the other thing, just to clarify, I'd need
- 23 to look back at the records, which you have, to be sure
- about this, although I've spoken about children being on
- 25 compulsory measures from the introduction of the

- hearing, what I'm less sure about is whether or not any
- 2 young people remained on or were admitted on section 15,
- 3 what was then termed voluntary care.
- 4 Q. I think the answer to that may well be that they would
- 5 be, because certainly in the case of other schools and
- other records we have seen, that when you look at the
- 7 register of admissions, they will show the basis of
- 8 admission and section 15 does, from time to time,
- 9 feature as the basis of admission as well as through
- 10 section 44 of the Social Work (Scotland) Act, which is
- 11 perhaps the most common one.
- 12 A. Yes.
- 13 Q. 44.1(b), I believe?
- 14 A. Yes.
- 15 Q. Now, once List D status was removed from schools,
- 16 Balnacraig, like some other schools -- I think Oakbank
- is an example -- became co-educational. I think you
- 18 tell us that boys were admitted from around 1989?
- 19 A. Yes. I mean, that transition wasn't linked to the
- 20 independence or the stopping of the List D status. That
- 21 was more because within a few years we were struggling
- 22 in terms of finance. Peter Bates and Tayside Council
- 23 recommended that if we took boys, they would give us
- 24 more young people. So that was the basis of that
- 25 decision, rather than it being linked.

- 1 Q. No, I follow that. Obviously independent schools have
- 2 to try and balance the books and if you have a wider
- 3 group that you can cater for, then that may increase
- 4 your chances of doing so?
- 5 A. Yes.
- 6 Q. Also, is it fair to say, that by 1987 and following, the
- 7 then regional councils, their general preference was for
- 8 residential schools to be co-educational rather than
- 9 single sex?
- 10 A. Yes, yes.
- 11 Q. That was the sort of thinking --
- 12 A. The direction at the time, yes.
- 13 Q. They were also looking for places to become more
- 14 specialised, smaller, smaller numbers?
- 15 A. Mm-hmm.
- 16 Q. More qualified staff and so forth?
- 17 A. I think the other significant bit, this is relevant
- 18 particularly to Tayside and Fife, Peter Bates's
- 19 background and Alan Bowman's background, they'd come up
- 20 from England where the Lancaster University thinking was
- 21 very much about residential care, and particularly
- 22 residential schools, shouldn't be used unless absolutely
- 23 necessary. That sort of thinking was beginning to
- 24 pervade where the referrals came from.
- 25 Q. Yes, I think we know that there were certain regional

- 1 councils that in fact had a real problem with
- 2 residential care for children. Strathclyde was
- a notable one with Fred Edwards, who was the director of
- 4 social work and the big institutions were --
- 5 A. Yes, I mean, I was particularly conscious of Fife
- 6 because I worked for Fife at the time and I was involved
- 7 in giving evidence for the Fife Inquiry, but also I had
- 8 come up from England and, unlike many of my colleagues
- 9 working up here, I was totally in favour of the ethos of
- 10 keeping kids out of care.
- 11 Q. I think Angus Skinner in 1992 in 'Another Kind of Home'
- 12 kind of burst that bubble by saying: look, residential
- 13 care, at least for some children, it may be necessary
- and what you shouldn't do, and what was perhaps
- 15 perceived to be happening, or the perception was that it
- 16 was of a lesser status or a lesser option than other
- 17 options. He corrected that, did he not --
- 18 A. Yes.
- 19 Q. -- by saying that you have to recognise its importance
- 20 in the system as a whole, albeit you have to make sure
- 21 that you only use it when appropriate?
- 22 A. Yes.
- 23 Q. He kind of reversed that trend?
- 24 A. Yes.
- 25 Q. I think Fife in particular, and you have mentioned the

- 1 Fife Inquiry, was almost anti-residential care --
- 2 A. Yes --
- 3 Q. -- in terms of policy?
- 4 A. -- and social workers were getting into trouble if they
- 5 recommended care. So, you know, it's totally the wrong
- 6 approach.
- 7 Q. I see. Again, we'll go to this maybe in due course, but
- 8 you tell us that once the List D status had fallen away,
- 9 I think that the school, and those running the school,
- 10 strived to move away from the sort of List D School
- 11 ethos and sought to develop a more therapeutic approach
- 12 to the caring for young people in residential settings,
- is that fair, just to put it broadly?
- 14 A. Yes. Can I just -- you have mentioned a few times about
- 15 the school. Off the top of my head, I can't remember
- 16 the specific dates, but I think in the current context
- 17 where we try to keep kids in local communities and local
- 18 schools, what was significant about Balnacraig is that
- 19 for most of its existence, the children didn't actually
- 20 go to school in Balnacraig. They had an initial period,
- 21 but for the most part they went to local schools and
- 22 then a decision was made to provide education on the
- 23 premises. That, I think, significantly changed the
- 24 ethos, in respect of the List D status and everything
- 25 else.

- 1 Q. Was that when it changed to List D or before that?
- 2 A. No, it was --
- 3 Q. When still an approved school?
- 4 A. Still an approved school.
- 5 Q. It began to introduce education facilities on site, like
- 6 classes on site?
- 7 A. Yeah.
- 8 Q. But certainly in its earlier period, this would probably
- 9 include the 1950s/1960s --
- 10 A. My recollection, and again without checking in the
- 11 records, my recollection is that it wasn't until the
- 12 late 1970s, early 1980s, it shifted. So even in the
- first several years as a List D school, the children
- 14 were being educated in a local school, which again, in
- 15 my view, was the right thing.
- 16 Q. It's quite late on --
- 17 A. Yes.
- 18 Q. -- when that happened?
- 19 A. Yes.
- 20 Q. In effect it would be more of a children's home than
- 21 a school?
- 22 A. Yes, and --
- 23 Q. The schooling was provided outwith the school?
- 24 A. Yes.
- 25 Q. I think we know from Quarriers, for example, that

- 1 Quarriers sent some of their young people to local
- 2 schools, but they also had a teaching facility in-house
- 3 and certainly in the 1960s they did, if my memory serves
- 4 me well.
- 5 LADY SMITH: Yes, it did.
- 6 MR PEOPLES: It wasn't a school from the beginning of its
- 7 existence.
- 8 A. The interesting thing, sorry, just jumping ahead a bit,
- 9 before we closed when we were looking about the way
- 10 forward before we had to make the decision to close, we
- 11 had actually made the decision we were going to stop
- 12 providing education. We were going to go back to the
- 13 model of children being educated in the community,
- 14 principally on good practice grounds in terms of child
- 15 development and children having the same experience as
- other children, rather than being educated in
- 17 a residential establishment.
- 18 Now, if they were there for care and control issues
- 19 that didn't mean to say they couldn't cope -- for some
- 20 of them at least -- in mainstream school.
- 21 Q. For quite a long period of its existence, the school was
- 22 operated under a sort of perhaps larger entity called
- 23 the Perth Homes Trust?
- 24 A. Yes.
- 25 Q. But in 1992, the managing trust became the

- 1 Balnacraig School Trust. Then in 2010, a limited
- 2 company was formed to manage the school and it was
- 3 known, I think, as Balnacraig Private Limited Company?
- 4 A. Yes.
- 5 Q. That was the situation up until the closure, was it?
- 6 A. Yes. I think, you know, just to put that into context,
- 7 I think my predecessor had been Chair, I think, from
- 8 1990. He came from a legal background in Perth and that
- 9 process, in terms of changing the legal status of the
- school, was very much led by him and, I think, wanting
- 11 to reflect and the board wanting to reflect what was
- 12 thought to be maybe an antiquated way of the
- 13 Perth Homes Trust, because, since 1950, that had
- 14 disappeared from the day-to-day stuff, so to an extent,
- it was trying to update the image of the school.
- 16 Q. I suppose it would also give, to those who are lawyers,
- 17 it would give a legal personality of a different kind to
- 18 a board of managers, which would be some sort of
- 19 unincorporated body of individuals?
- 20 A. That's one of the reasons why I highlight the fact that
- 21 my predecessor was also a lawyer.
- 22 Q. Yes, I think there can be problems if you have to then
- 23 take action against a managing board?
- 24 A. Yes.
- 25 Q. I think you tell us in the report that prior to 1960 --

- 1 A. Can I just add a little snippet to that in terms of
- 2 being registered as a charity in one form or another
- 3 alongside what eventually became a private limited
- 4 company. My understanding is, under whatever
- 5 legislation, we had been classed as a charity right from
- 6 the very beginning.
- 7 Q. Oh yes, it had charitable status, but separately it
- 8 would have to comply with Companies Act legislation when
- 9 it became a private limited company?
- 10 A. Yes.
- 11 Q. But it continued to be separately registered as
- 12 a charity?
- 13 A. Yes.
- 14 Q. Prior to 1960, I think you tell us in the report that
- 15 the use of the tawse was common?
- 16 A. I wouldn't say common.
- 17 Q. Was in use?
- 18 A. It was used, and I looked at the graph again, because
- 19 I picked up from the framework document the phrasing
- I was uncomfortable with, shall we say. When I looked
- 21 at the actual numbers, when you think about the number
- of young people went through, and when you look at the
- 23 actual details of what the tawse was used for, it was
- 24 very infrequent and particularly when you compare that
- 25 to other establishments. There was much more emphasis

- 1 on --
- 2 Q. I'll perhaps try and summarise what I think you're
- 3 saying. Before I do that, does it appear to be the case
- 4 that Balnacraig was ahead of its time because it stopped
- 5 using the tawse around 1960?
- 6 A. Yes.
- 7 Q. When it was still obviously a permissible form of
- 8 punishment. I think it was permissible for girls as
- 9 well as boys, going forward, even under the new rules
- 10 that came in in 1961?
- 11 A. Yes.
- 12 Q. Albeit, it was to be used sparingly?
- 13 A. Yes.
- 14 Q. You say that it was in use before 1960, as at least one
- form of punishment that was available to the staff.
- 16 I'm not going to deal with this in any detail, but you
- 17 did provide for us, I think, punishment books for the
- 18 period 1919, just after the end of the First World War,
- 19 through to 1976, and I had a look at these and I think
- you had a look at them too, I'm sure?
- 21 A. Yes.
- 22 Q. I just picked up that, if you take the 1950s, the sort
- 23 of offences that were being recorded would include being
- 24 late from school, late back from school, the local
- 25 school, disobedience. I found one saying 'kicking

- another girl', so there was a certain amount of, what
- 2 might be termed in common parlance 'peer abuse', going
- 3 on?
- 4 A. Yes.
- 5 Q. 'Stealing fruit from the garden' was another apparent
- 6 offence that merited an entry in the punishment book.
- Repeated talking after lights out' was another.
- 8 'Destructive in garden' another.
- 9 Something that was loosely described in the book as
- 10 'bad behaviour', without specification of the nature of
- 11 the behaviour, rudeness, stealing from lockers. There
- 12 was one actually, 'Playing in tradesman's van after
- warning', insolence, and there are certainly entries for
- 14 that decade that there was a punishment in some cases
- 15 that involved several strokes of the belt on the hand?
- 16 A. Mm-hmm.
- 17 Q. I think that was in line with the regulations?
- 18 A. Yes.
- 19 Q. If we go through to the 1960s --
- 20 A. Can I just clarify, one of the bits which doesn't come
- 21 out in my comments but is my recollection of the
- 22 discussion in the board and whatever, is that whilst
- 23 some of these incidents might seem trivial reasons,
- I mean, I'm personally for the view that it should never
- 25 have been used at all, but I think that the context must

- 1 be seen in the fact that, for some of these young people
- who are getting it, what's recorded is a particular
- 3 incident, but it's a build-up of incidents beforehand,
- 4 which aren't necessarily reflected in the punishment
- 5 records.
- 6 Q. If I move to the 1960s. I'm only saying examples here
- 7 and I don't obviously want to labour it, but we can see
- 8 things such as truancy from schools. It looks as if
- 9 some of the young people went to school but didn't stay
- 10 there. Absconding from the institution itself, the
- 11 school. I will call it Balnacraig, but you know what
- 12 I'm talking about?
- 13 A. Yes.
- 14 Q. There is one for 'loss of shoes'. One was for
- 15 'continued difficult behaviour', which maybe echoes the
- 16 point you're making that it got to the point where some
- 17 form of punishment was imposed --
- 18 A. Mm-hmm.
- 19 Q. -- because of continuing difficult behaviour?
- 20 A. The sense I have, and I know you're going to come on to
- 21 this, because you highlighted it to me. The sense
- I had, which perhaps is reflected in the report, is
- 23 although there had been four women largely running the
- 24 establishment, the only constant with that was
- 25 Miss GXJ , as new members of staff came in they would

- sometimes be either less able or less willing to put up
- with certain behaviours. I also have the sense that
- 3 Miss GXJ 's ability , as she
- 4 probably would have described it, was probably slipping,
- 5 and that maybe is reflected, and then what happened in
- 6 the 1960s in terms of her having a breakdown. So I'm in
- 7 no way condoning any of the incidents because, as I say,
- 8 my own belief is it should never have been used in the
- 9 first place.
- 10 But in the context of what was happening and perhaps
- 11 Miss GXJ 's increasing inability, because I think, you
- 12 know, when you look at the numbers that she started off
- 13 caring for, however we may look back and say, 'It was so
- institutionalised', or whatever, when you've only got
- 15 four women looking after that number of young people --
- 16 Q. Well, you --
- 17 A. -- you will have taken the attitude it has to be a tight
- 18 ship.
- 19 Q. You are probably right to point this out, because
- I think, certainly, those in the Scottish Office in the
- 21 1960s certainly, were exercised by what to do with what
- 22 they described as 'difficult girls'?
- 23 A. Yeah.
- 24 Q. So they recognised that there were girls who went to
- 25 some of these establishments who were perceived to be

- 1 difficult and it was how one managed them and where they
- 2 managed them and whether, if they were put in certain
- 3 places, they disrupted the whole institution and maybe
- 4 had to be removed for the benefit of the whole
- 5 population of the school?
- 6 A. Yes.
- 7 I guess -- sorry to interrupt again -- I think one
- 8 of the bits that I think I touch on when I'm writing,
- 9 but certainly is reflected in my own thinking and my own
- 10 social work practice, is I mentioned to you before about
- I think if some of the principles of the 1995 Act had
- have been applied in the periods, we are talking about,
- is that no order should be made unless it's better
- 14 than -- I'm not sure what the expression is, but
- 15 basically we shouldn't be removing children unless it is
- 16 absolutely necessary --
- 17 LADY SMITH: Unless making an order is better than making no
- 18 order at all.
- 19 A. Exactly, yes. I think, you know, and you probably
- 20 picked this up from all of the other establishments you
- 21 have looked at, there was a sort of default position
- 22 that removing children was better than leaving them at
- 23 home, irrespective of what home was like. And I think
- you only have to look at some of the applicants'
- 25 statements. I think if resources had been able to be

- 1 provided locally, it would have been far better for some
- 2 of these young people.
- 3 Q. There's no doubt that when the children's hearing system
- 4 was instituted, I think there was a degree of surprise
- 5 at the extent of use of residential supervision
- 6 requirements rather than supervision of children at
- 7 home, and that is something, I think, that was evident
- 8 in that period.
- 9 A. Yes.
- 10 Q. But one of the problems for the Children's Hearing, so
- 11 they said at the time, was, 'You're not giving us very
- 12 many options, because the range of resources is totally
- inadequate'. Kilbrandon pointed that out and, indeed,
- 14 the local authorities didn't really address the need for
- 15 specialist provision, whether it was day provision or
- 16 specialist residential provision.
- 17 A. I understand that and I recognise where you're coming
- 18 from. The bit I struggle about with that is that
- 19 I moved up to Scotland, having worked in England for --
- 20 having started my career, then a period of working down
- 21 south, and then moved back up again. One of the things
- 22 that really struck me when I moved back up is that
- 23 probably, I would go as far as saying 50 per cent of the
- young people who were admitted to residential care or
- 25 care in Scotland would never have even come near the

- 1 system in England when I worked down there.
- 2 There wasn't that big a difference in the sort of
- 3 resources, my view, and my understanding at the time,
- 4 was it was about the mentality about care automatically
- 5 being better rather ... and I'm not blaming the
- 6 establishments or the hearing system, to an extent
- 7 I think the blame was in the local authority. England
- 8 I think was -- England and Wales were slightly ahead in
- 9 developing alternative resources.
- 10 The best example of that is the project I ran, which
- 11 was an alternative to care custody. Over a year we went
- 12 from one of the highest rates of care in custody to
- having a zero custody rate, and a significant reduced.
- 14 Q. I think a lot of the children were sent, both before
- 15 1971 and afterwards, it was often said that they were
- beyond parental control or in moral danger if they
- 17 stayed where they were. They were truanting school,
- 18 they were getting into trouble locally, and that the way
- 19 to perhaps change their ways was to take them out of
- 20 that environment, put them in a structured environment
- 21 and hopefully they would improve and send them back.
- 22 One of the problems, I think, we've heard is that,
- 23 firstly, when they got home leave they went back to the
- 24 environment they were removed from, and when they
- 25 finished in a school they went back to their community

- and their problems in the community hadn't been
- 2 addressed, is that --
- 3 A. I think that's entirely fair. I guess my critique of
- 4 that position is -- and I found this when I started
- 5 doing a lot of the case conferences, it's all very well
- 6 to say -- and this is where my worry comes about
- 7 historically the child being labelled as the problem --
- 8 if the child's the problem, you remove the child, you
- 9 try and do work -- it doesn't matter how brilliant the
- 10 work you do with the child is, if you send them back to
- 11 the environment they came from, they would probably go
- 12 back to the same ways, they're not getting the support.
- 13 I think today -- and I know this from working with
- 14 local authorities and teaching social work -- there is
- much more emphasis on, you know, yes, you provide the
- 16 child some respite by care, and sometimes it's
- 17 necessary, the parents just can't care for the child.
- 18 But there's no point doing that unless you're trying to
- 19 work with a family at home.
- 20 Q. I think it's probably now coined 'early intervention'
- and also intervention with the family as a whole?
- 22 A. Yes, yes.
- 23 Q. That started certainly before recent times, but maybe
- 24 it's much more developed and more successful. There
- 25 maybe is greater support services and more people to

- 1 provide them?
- 2 A. Yes.
- 3 Q. That's the direction of travel?
- 4 A. Yes.
- 5 Q. If you do need residential care, it's in small, very
- 6 specialised units, which are catering for very specific
- 7 needs and can address them with qualified staff. That
- 8 is the modern --
- 9 A. It is --
- 10 Q. -- idea.
- 11 A. Again, maybe I'm jumping ahead, but one of the key bits
- 12 with Balnacraig, one of the reasons we wanted to sell
- 13 the old building (a) it was very institutionalised,
- I don't know if you have ever seen it, but beautiful
- building, baronial mansion, but no good for children.
- 16 The model -- one of the reasons we were trying to sell
- 17 it is to try and raise the funds to be able to -- we had
- 18 started to open up individual houses and the model of
- 19 care we wanted to develop was small, intense care for
- 20 some of the most difficult children in Scotland, but
- just two or three children with a high staff ratio. We
- 22 couldn't do that without selling the property.
- 23 LADY SMITH: Of course.
- 24 MR PEOPLES: We have actually photographs but I'm not going
- 25 to take you to them now, because I'm conscious that we

- 1 have a lot to cover, but you can be assured there are
- 2 some very nice photographs of this grand mansion.
- 3 A. Beautiful building.
- 4 Q. But not necessarily the best facility for children with
- 5 particular needs?
- 6 A. Yes.
- 7 Q. Generally they tend to be Victorian buildings or
- 8 certainly early 20th century buildings?
- 9 A. Yes.
- 10 Q. Going back to the punishment books, if you go to the
- 11 1960s, I mention some of the things that were entered
- 12 there in the book, but it does appear, from
- an examination of that period, that the use of the belt
- 14 appears to have stopped completely?
- 15 A. Yes.
- 16 Q. There is no indication of it being administered?
- 17 A. I mean, obviously, you know, it's specific, you can see
- 18 from the punishment books that it stopped, but even in
- 19 terms of the reports and, you know, what was being
- 20 discussed, it was conscious that they were needing to
- 21 develop new ways of setting limits/controls on children.
- 22 Q. While I am still on the books, if I move on to the
- 23 1970s, and I appreciate things started to change, but
- 24 just sticking with the book at the moment, the sort of
- 25 entries I picked up, just as examples, is, 'Repeated

- victimisation of another girl', was an entry I found,
- 2 'Deliberately broke bedroom window', 'Failure to return
- from home leave', 'Absconding', 'Misbehaving in class',
- 4 'Threw a chair at staff member', 'Will not rise in the
- 5 morning', 'Swearing', 'Unauthorised smoking',
- 6 'Bullying', there are entries, 'Assaulting member of
- 7 staff', 'Fighting', 'Spitting food at tea time',
- 8 'Smoking and bringing in cigarettes'. These are just
- 9 a flavour of the sort of things that are in the book.
- 10 If one looks to the range of punishments in that
- 11 decade, they included, and this is the 1970s we're
- 12 talking about, 'Locked in detention room overnight', 'No
- 13 cereal for one week', 'No supper', 'Meal after other
- 14 girls', 'Letters only from parents', 'No telephone
- 15 calls', 'Loss of leave', 'Fined or loss of pocket
- money', 'Confined to room', 'Early bed', 'Excluded from
- 17 activities', 'Wearing only school clothes or overalls'.
- 18 What was the thinking behind wearing only school
- 19 clothes or overalls? Was this to separate them out from
- 20 those who wore the normal uniform?
- 21 A. My glib reaction is your guess is as good as mine.
- I think there was a degree to which the child is the
- 23 problem, you isolate the child, you don't spread the
- 24 problem, you give a message to other children about the
- 25 consequences, particularly for truancy, for absconding,

- 1 for example.
- 2 Q. You make them different?
- 3 A. You make them different.
- 4 Q. From their peers?
- 5 A. Yes.
- 6 What I would add to that as a context, I know from
- 7 a piece of work I did when I was still in Falkirk and we
- 8 were looking at what was the secure unit when I was
- 9 working there, and looking at the history of that, is
- 10 that those practices were quite common and I think they
- 11 were fairly common through a lot of establishments.
- 12 I would qualify that by saying not all. As you'll
- 13 see from my CV, I worked in John Bosco's, and I know
- 14 it's come up in the Inquiry after I left, but that set
- 15 a standard for care and control where none of those
- 16 things would have been tolerated. So it would be wrong
- 17 to say that was the thinking at the time. It was a
- 18 thinking --
- 19 Q. What I've just read out for Balnacraig, it wasn't
- an uncommon thing at that time but not universally so?
- 21 A. Not universally is my point. Some establishments were
- 22 way ahead and I think for me, I worked at John Bosco's,
- as it was then, as a member of the religious order, and
- 24 I'm not saying it was perfect, but the ethos of the
- 25 religious order was kindness.

- 1 Q. What sanctions were they giving other than the ones we
- 2 have listed?
- 3 A. They had a behavioural modification system. Behavioural
- 4 modification system. In retrospect, when I look back at
- 5 that, some of that meant loss of home leave which wasn't
- 6 the right -- for different reasons it wasn't right. But
- 7 it was linked. They would stop them doing certain
- 8 activities, but it wasn't necessarily punitive. So
- 9 quite often we would take the kids swimming or to the
- 10 cinema at Bosco's, those privileges were removed, just
- 11 as a parent would.
- 12 Q. Well, yes, but I think we heard evidence about another
- 13 place, Oakbank, which had a behavioural management
- 14 system and a reward system, which involved so-called
- 15 privileges being either given or removed, including home
- 16 leave. That seemed to have been at least a system that
- 17 historically was used in certain places and I think
- 18 Balnacraig to some extent adopted that type of system at
- 19 some point in its existence.
- 20 When we heard evidence from a current director of
- 21 social work last week, he was pretty critical of that
- 22 type of system when we look at it from modern eyes.
- 23 A. I agree. As I say, I worked within the behaviour
- 24 modification system and there is good psychological
- 25 groundings, but the principle, which I think Bosco's

- 1 used, was about reinforcing positive behaviour rather
- 2 than reinforcing negative behaviour. Behaviour
- 3 modification in its purest sense is about positive
- 4 reinforcement, rather than focusing on the negatives.
- 5 I think a lot of people, a lot of establishments, saw
- 6 that as an excuse to be more punitive. I can only --
- 7 I didn't work at the other establishments.
- 8 Q. Are you suggesting that some of these weren't seen as
- 9 ways to promote positive behaviour but simply as
- 10 punishments or sanctions against the child --
- 11 A. Yes.
- 12 Q. -- and the child would then perceive it, not as trying
- 13 to help them but trying to punish them because they were
- 14 at fault?
- 15 A. Yes.
- 16 Q. That's the problem with how it was perceived, the
- 17 system, and how it was operated in practice by certain
- 18 staff?
- 19 A. I suppose what I'm saying is I don't have major problems
- 20 with the theory of behaviour modification and positive
- 21 reinforcement, certainly not positive reinforcement,
- 22 I would be quite critical about a number of
- establishments and the way they've implemented that.
- 24 Q. The other aspect to that is -- I think this was
- 25 something Angus Skinner told us a long time ago -- when

- 1 you read records, they tend to be terribly negative
- 2 about children. They tend to record their faults and
- 3 they don't talk up the positives?
- 4 A. I totally agree, and that goes back to what I said
- 5 a little while ago, is I think part of the problem with
- 6 the hearing system, with Kilbrandon, was it focused on
- 7 the child as being a problem child and therefore that's
- 8 the reason. Whereas today we are much better at saying
- 9 a child has problems because of the circumstances. We
- 10 look at the circumstances. We look at the support
- 11 systems and that's the ethos I've always tried to work
- 12 to in practice and in my teaching.
- I think, you know, if a young person goes to
- 14 Balnacraig in the 1970s or 1980s as a problem child,
- 15 then the people working with that child are going to
- 16 say: this child has got a problem and every experience
- 17 then becomes reinforcing the child as a problem.
- 18 Q. You are telling us this, and what's of concern is that
- 19 Professor Norrie, when he gave evidence to us and
- 20 prepared his report, pointed out that the children's
- 21 hearing system wasn't innovative in the broad sense,
- 22 because they started with the juvenile courts and the
- 23 idea also was that when they merged reformatory
- 24 industrial schools, that it was to remove the
- 25 distinction between offenders on the one hand and people

- in need of care and protection on the other, because it
- 2 was said that both categories came from the same general
- 3 circumstances and it was that that perhaps was at the
- 4 root of the problem and therefore they were placed
- 5 together.
- 6 Not everyone would necessarily think that was a good
- 7 thing, but that was the thinking?
- 8 A. I've had discussions with Professor Norrie, because
- 9 I've had a lot of contact with him when I was teaching
- 10 and before when I was working, when I was doing the
- 11 child protection stuff and he's entirely right. I think
- 12 my issue is that that's not what translated into
- 13 practice.
- 14 Q. If I go back to my general -- I'll move on from
- 15 punishments and sanctions, if I may. Just again to get
- 16 the picture, because to some extent what you tell us
- about the post-1971 period is very much confined to
- 18 certain individuals, who became notorious, including
- . We'll come to that --
- 20 A. Yes.
- 21 Q. -- but just to take the broad picture; the pre-1971
- 22 period wasn't without its problems, because you tell us
- 23 that there was an outbreak of disorder and absconding --
- 24 A. Can I just interrupt for a second? Sorry. Again, just
- 25 to put an element of context, I think -- it strikes me

- 1 with Balnacraig, right up until past 2000, is this idea
- 2 that, you know, that if children are absconding, if
- 3 children are assaulting, if children are breaking
- 4 windows, you respond to that. What strikes me, and I
- 5 say it's true of Balnacraig and it's true of other
- 6 establishments, is people's inability to step back and
- 7 say: well, why is that behaviour happening? I think
- 8 we've got much better at that now, hopefully because the
- 9 teaching has improved for social workers and
- 10 practitioners and the thinking has changed.
- 11 But I think, you know, if you label a child as
- 12 a problem and you're not trying to unpick why that child
- is behaving in a particular way, then instinctively it
- 14 becomes a punitive response and I think practice has
- 15 developed and one of the good bits about practice
- developing is that we're much better at trying to
- 17 understand behaviour and put in support, so, you know,
- if a child breaks a window in Balnacraig you say: okay,
- 19 let's try and understand. You might still have to put
- 20 sanctions or controls if place, but you try to
- 21 understand why that child is behaving like that.
- 22 Q. That goes back to the point we spoke about earlier, that
- 23 education brings understanding?
- 24 A. Yes.
- 25 Q. If you simply look at the presenting behaviour and

- 1 respond to that as if it's something that requires
- 2 a particular form of response that was often seen by the
- 3 person giving it as a punishment, then you have the
- 4 problem that you've identified?
- 5 A. Yes.
- 6 Q. Whereas perhaps you would be better concentrating on:
- 7 well, this child is doing this for a reason --
- 8 A. Yes.
- 9 Q. -- and I wonder what that reason is and how we try to
- 10 address it, the problem?
- 11 A. Yes.
- 12 Q. The pre-1971 period was not without its problems. There
- 13 was an outbreak of disorder and absconding in March 1961
- and, indeed, the inspector at that time, the HMI,
- 15 I think, took the view that some of the problems at
- least were caused by SNR on sickness
- grounds and the way in which SNR dealt
- 18 with the children
- 19 I think it was put in terms that the
- 20 SNR addressed the girls with a punitive
- 21 type of attitude and that that had created problems and
- 22 that the girls had reacted and in fact they were running
- 23 riot at times and absconding frequently?
- 24 A. Yes.
- 25 Q. That seemed to be the issue?

- 1 A. I think that reflects the fact, which you've touched on
- before, that, you know, when you've got
- a very tight ship, the benefit of that is that
- 4 children know exactly where they stand, but if all of
- 5 that control and that
- is not there any more, as happened, both the
- 7 lead-up to Miss GXJ going
- 8 the control falls apart because that control has never
- 9 been , if that makes sense.
- 10 Q. I think the inspector of the day thought that
- 11 Miss GXJ was very much
- 12 and that the staff were
- 13 very much --
- 14 A. I'm acknowledging that and accepting that. The price
- 15 then is that when disappears, you are more
- 16 likely to get chaos, for a period at least.
- 17 Q. I'm not going to take you to the file that tells us
- about this, but I'll give the reference just for the
- benefit of the transcript, it's SGV-001031941. It's
- 20 a Scottish Education Department file about Balnacraig,
- 21 which, I think, is to do generally with discipline.
- 22 It's from the 1960s. I think you've had an opportunity
- 23 to look at it. I'm not go through it all, but it does
- 24 tell us a bit about the 1961 situation and, indeed, it
- 25 tells us that one thing that had to happen was

- 1 a transfer of three girls from Balnacraig to Balgay in
- 2 Dundee. Presumably it was seen that that was a more
- 3 secure or more -- I'm trying to get the right
- 4 expression --
- 5 A. Contained, more limits.
- 6 Q. It would set more limits than perhaps the regime at
- 7 Balnacraig at the time, and that there was some
- 8 criticism by HMI, Mr McPherson, who was the dedicated
- 9 HMI, or one of them, about Miss Pearson and how she was
- 10 handling the situation Miss GXJ
- 11 Indeed, Mr McPherson expressed the view she was
- 12 unsuitable for the post and should be removed. He was
- 13 the one, I think, who suggested Mr Kerr could step in.
- He was at Oakbank and he could come in Miss GXJ
- and deal with matters.
- 16 Unlike the reports of modern times, we get quite
- 17 a good deal of information about personalities and
- 18 individuals and the extent to which they are the
- 19 problem. SNR Miss Pearson, I think there is
- 20 a report about her by another HMI, I think it's
- 21 Mr Petrie that says this, and I'll just quote from what
- 22 he says at that time:
- 23 'She's unfit to be in command and has antagonised
- 24 the girls. She is punitive in attitude and ineffective
- 25 in execution, a dangerous combination of attitudes.'

- 1 So he was expressing -- because the difference
- between this report and the modern reports is this went
- 3 to the Scottish Education Department and wasn't
- 4 disclosed even to the school itself, so he could be
- 5 fairly free with his comments --
- 6 A. Yeah.
- 7 Q. -- but these comments would never see the light of day,
- 8 or certainly the public would be unaware, and perhaps
- 9 the school and Miss Pearson would be unaware of what was
- 10 being said?
- 11 A. Yes.
- 12 Q. It does give you --
- 13 A. A flavour.
- 14 Q. -- a flavour.
- 15 A. I think one of the highlights for me is that I found it
- 16 quite revealing reading that extract. I didn't know,
- 17 for example, from what I had read in the records why
- 18 Miss GXJ was . It's evident that
- she basically had some form of a breakdown and I think,
- 20 you know, the events in terms of probably
- 21 for several months leading up to that, suggested she
- 22 wasn't actually in the way that she had been
- 23 or should have been, but it also -- some of the
- 24 descriptions about day-to-day life, you know, very early
- on in my report I say, you know, make the point of

- 1 history being written by the victors and one of the
- 2 things that is very true about Balnacraig records, and
- 3 we'll come on to it in the second half, post-1971, is
- 4 that a lot of the reports are written by the people who
- 5 want to present to the governors in a particular way.
- 6 And my criticism of the governors is they should have
- 7 been examining that a bit more closely, but that's
- 8 a separate issue.
- 9 Q. Just on Miss GXJ , she managed to recover from this
- 10 breakdown --
- 11 A. Yes.
- 12 Q. -- and continued, as you've told us,
- 13 after that --
- 14 A. Yes.
- 15 Q. -- in Balnacraig. I think in some time around
- 16 the mid-1960s, HMI, Mr Murphy, who was one of the
- 17 approved school inspectors from central government, said
- 18 this of her:
- 19 'She is and other staff, including
- 20 SNR , seem to be treated as servants or
- 21 ancillaries, their calibre is limited.'
- 22 He did say in fairness:
- 23 '... in the main she does a good job but has
- 24 old-fashioned ways.'
- 25 A. It will come up when we start talking about the

- 1 applicant evidence, but I included in my report
- 2 an extract from
- 3 Q. You mention a person who had been at Oakbank in the
- 4 1950s?
- 5 A. Who had been at Balnacraig.
- 6 Q. Sorry, Balnacraig --
- 7 A. What was interesting is that her description of living
- Miss GXJ , which she did in the 1950s, and
- 9 a number of the letters and correspondence, which sadly
- 10 have now been destroyed, from people who lived at
- 11 Balnacraig at the time, they recognised that it was
- 12 harsh but they basically felt cared for.
- 13 What's interesting, if we compare that to what the
- inspectors are saying, is that what the inspectors are
- 15 suggesting is that there wasn't a high level of care.
- 16 That wasn't the experience of or a number of
- other young people, based on the letters we've got.
- 18 Q. To some extent these are matters that may turn on
- 19 individual circumstances --
- 20 A. Yes.
- 21 Q. -- in that people may have what in their view is a good
- 22 experience when they compare it with the experiences
- 23 before and after. Other people may, for different
- 24 reasons, say that it was a bad experience?
- 25 A. Yeah, which I think is an element that ran right the way

- through and to an extent you might say is inevitable,
- 2 some degree of favouritism. I suspect --
- 3 was that her surname? I can't remember.
- 4 Q. It's okay, we have it in the report. We know who you
- 5 mean.
- 6 A. I think she probably was given favourable treatment
- 7 because her relatives in America donated for the first
- 8 TV so the children could watch the coronation, whatever
- 9 it was.
- 10 Q. 1953 was the coronation, I suppose.
- 11 A. So that's where the money --
- 12 Q. You can see perhaps the reason why she might get
- 13 favourable treatment?
- 14 A. Yes.
- 15 Q. Whereas others -- because you have read an applicant's
- 16 statement and I'll come to that and the person we call
- 'Jane', who was there in the 1950s, and her experience
- 18 was a bit different?
- 19 A. Yes.
- 20 Q. Just on this matter, if I can just deal with this,
- 21 a couple of things before I leave the 1960s and
- 22 Miss GXJ for the moment, is that in the same visit in
- 23 the 1960s, Mr Murphy said:
- 'The combination of much menial work and relatively
- 25 low status is probably discouraging to the recruitment

- of good-quality staff.'
- 2 He clearly saw there were problems getting what
- 3 would be appropriate staff to work in these places?
- 4 A. I would agree with you. The bit which I think came
- 5 through for me from reading the materials relating to
- 6 that period of time, and I can reflect it from some of
- 7 my own experience, is that whereas today people would be
- 8 taken on a job and work certain hours, they might be on,
- 9 you know, weird shifts and all the rest in residential
- 10 work, but they would have a home base. I think one of
- 11 the key characteristics is that part of the remuneration
- 12 was basically living in, you know, a very tight family
- 13 circle and as we all know, families living together as
- 14 adults don't always get on with each other.
- 15 I think the bit for me is that yes, a lot of it was
- 16 menial, a lot of it was inappropriate, but I think in
- 17 terms of attracting new people in, increasingly over
- 18 time people would be less willing and I say it reflects
- 19 because my time, when I worked at Aberdour,
- 20 St John Bosco's, I was part of the Order, my bedroom was
- 21 attached to the dormitory of the boys, so it was 24-hour
- 22 living in. I had to make a point on the days I had off
- of getting out of the building, otherwise I would be
- 24 drawn into stuff. I think that's the problem
- 25 historically with live-in staff.

- 1 Q. Your life was the school and you were there 24 hours
- 2 a day, seven days a week essentially?
- 3 A. Yes, yes.
- 4 Q. Just finally before we break, there is one document
- 5 I will take you to just to capture the thinking of the
- 6 inspectors about the management of Balnacraig School
- 7 it's SGV-001032015. This is a report by HMI Murphy,
- 8 dated 26 August 1965, headed 'Management of Balnacraig',
- 9 sorry page 6 of the report is headed 'Management'.
- 10 If we could just go to that page, he gives us quite
- 11 a lot of detail about the managers or the board at that
- 12 time on that page. He says this in his report at the
- 13 foot of that page:
- 'This must be a museum-piece board which would have
- 15 done credit to any Dickensian institution. It could not
- 16 be divulged publicly without much scandal.'
- 17 LADY SMITH: Where are you, Mr Peoples?
- 18 MR PEOPLES: Page 6, there is paragraph 3 that says --
- 19 LADY SMITH: It's quite blurry to read, isn't it?
- 20 MR PEOPLES: It's not a great copy. So he's obviously
- 21 concerned about the composition of the board.
- 22 LADY SMITH: What year was this report?
- 23 MR PEOPLES: 1965.
- 24 If we move on to page 7, at the top, just reading on
- 25 in the report, it says:

'Understanding of the problems of contemporary youth 1 2 is not easy for these whose own youth was passed in the halcyon days before 1920. To complicate the issue 3 further, the concepts of child care retained by the 5 ladies of this vintage and social standing is often that of the boarding schools of 50 or 60 years ago.' 7 He's obviously concerned about the composition of 8 the board and I think that there is another passage I was perhaps trying to pick up, that says of the ladies 9 on the board, if you bear with me, I think it's on the 10 11 same page --12 LADY SMITH: 4 deals with gender on board --MR PEOPLES: Yes, that's what I'm trying to find. It's 13 14 under 'Individuals', the second paragraph, on 15 paragraph 6: 16 'Most of them [this is the lady managers] have led 17 sheltered, upper middle class lives and their understanding of the behavioural problems and 18 experiences of approved school girls, or the lives of 19 20 the subculture from which they come, is limited, to say 21 the least.' 22 He ends with a conclusion: 'This management is too old, too feminine and too 23

limit the possibility of radical reform.'

socially remote to be effective. The constitution may

24

25

- 1 It's clear what he was thinking, I mean privately.
- 2 A. The bit I would context is there was nothing in the
- 3 records which indicated age for me to be able to draw
- 4 the same conclusions, but I probably would have drawn
- 5 the same conclusions.
- I think the other bit which is highlighted, and you
- 7 skipped over it, about the role of the board. I think
- 8 the -- when you look back to the very beginning of
- 9 Wellshill, the charity, the Perth Homes Trust. You're
- 10 talking about half a dozen women who decided to do
- 11 something for young people, in a very admirable way, but
- 12 I think that sort of culture of 'do good' permeated
- 13 right the way through.
- I think the other bit, which I think was a problem
- 15 for the board even when I took over, is that the people
- 16 you tend to attract tend to be retired. When I joined
- 17 the board, there were some of them who were retired from
- 18 social work and education, but still a lot of their
- 19 thinking -- we'll come on to this in term of the reasons
- 20 Balnacraig closed -- a lot of their thinking was stuck
- 21 somewhere way in the past.
- 22 And I think when you look through the thinking, and
- 23 even the refusal to actually get more proactively
- 24 involved, other than overseeing whether or not the right
- 25 clothes were bought or whatever, reflects that view of

- 1 what the role of the board was. That is reinforced when
- you look at people who are in their antiquity. As I get
- 3 older, I'm a bit more protective of age and skill and
- 4 whatever --
- 5 Q. Can I just make one comment about Miss GXJ based on
- 6 what we've read. It looks like Miss GXJ
- 7 Miss GXJ
- 8 A. Yes, I agree.
- 9 MR PEOPLES: That's all for now, perhaps we could take a
- 10 break before we move on to a later period.
- 11 LADY SMITH: Would that be a good place to stop.
- 12 I usually take a break at about this time for
- 13 15 minutes or so. Would that work for you, David?
- 14 A. That's works for me.
- 15 LADY SMITH: Let's do that.
- 16 (11.35 am)
- 17 (A short break)
- 18 (11.52 am)
- 19 LADY SMITH: Are you ready for us to carry on, David?
- 20 A. Yes.
- 21 LADY SMITH: Thank you so much.
- 22 Mr Peoples.
- 23 MR PEOPLES: David, just before I move on to the post-1971
- 24 period, we have been discussing the situation before
- 25 then Miss GXJ

- I just want to raise with you one matter that --
- your report was obviously based on records, and you have
- 3 mentioned an individual who had a happy experience, but
- 4 you have had access, I believe, to a statement provided
- 5 to this Inquiry by a person who we're going to call
- 6 'Jane'. I think you have seen that statement?
- 7 A. I have.
- 8 Q. I'm not going into it in great detail, but there are one
- 9 or two points I want to pick up just because of what is
- 10 said in Part B, that you didn't find evidence of any
- abuse in the record and that is part of the Part B
- 12 thing. So just before we go to that.
- 13 'Jane' was someone who, I think, started off in what
- 14 was known as Wellshill and then, when there was
- 15 a transfer from the site of Wellshill to the new site,
- 16 to Balnacraig, when it became Balnacraig, 'Jane' was at
- 17 Balnacraig, it seems, from about 1950, for about seven
- 18 years, until she was 15 years of age. Miss GXJ was
- 19 SNR , I think a Miss Gerrard was SNR
- 20 she says.
- 'Jane' says that her experience was there was no
- 22 love or nurturing at the place. I'll just recount in
- 23 broad terms and ask you to comment if I may.
- 24 There was no love or nurturing. She recalls, but
- 25 this is in Wellshill, being smacked by SNR on the

bottom once when she was quite young. And she recalls,

before the move to Balnacraig, SNR being attacked

by two older girls, she tells us, and having to, I

4 think, get some sort of hospital treatment.

Then she says she moved to Balnacraig in 1950 when she was seven years of age and went to the local school, which I think is consistent with what the records show. There was something in the order of seven or eight dormitories, 'Jane' tells us, and there were six girls in her dorm.

One of the things she says is that she was never made to feel special in Balnacraig. Indeed, she speaks of an occasion when staff removed a cloth bunny from her locker, but she kept asking for it back. Now, she tries to put an explanation that's perhaps a benign one, that maybe they were doing it because it was old, but clearly for her it was special.

Then she says there was no bullying, at least she can't recall bullying among the girls themselves, but as far as birthdays were concerned, there wasn't much of a fuss made of birthdays. She says for much of her time, she was kept apart from her immediate family, although she did, I think, see some relatives of her mother. She said she wasn't punished for running away, but perhaps her biggest problem is to do with being

- a young woman, approaching puberty, and, indeed, once
- 2 she started to have periods, she says there was no
- 3 preparation for puberty and there was no explanation
- 4 about periods. I think she had to go with a friend to
- 5 get some sort of booklet to give her, to put it
- 6 colloquially, 'the facts of life'.
- 7 A. Yes.
- 8 Q. She says that she remains angry, looking back, that the
- girls were not, as she puts it, well supplied with
- 10 sanitary products.
- 11 She continues on the theme there wasn't really any
- 12 love or nurturing. She said there was nobody she felt
- 13 she could talk to if you had concerns. She felt that
- 14 staff didn't encourage them, even to do well at school.
- 15 She mentions, in terms of affection, that after running
- away she recalls SNR saw 'Jane', 'Jane' gave her
- a hug and said she was sorry, she thinks SNR gave
- her a hug maybe once or twice in the whole time 'Jane'
- was there, and, as she puts it shortly, 'she didn't hug
- 20 me'.
- 21 She doesn't remember official visitors and she says
- 22 certainly nobody came near to her and asked her how she
- 23 was getting on. On one occasion, after misbehaving,
- 'Jane' says she had to scrub a stone floor as
- 25 a punishment and she also recalls having to sit on the

bottom stair as a punishment of the place.

As far as abuse is concerned, she has a section about that. What she says is that on one occasion SNR took 'Jane' to a room, told her to strip and go upstairs and get a cold bath. This was about the time that her periods were starting. She says SNR got two or three other girls to help restrain 'Jane' and they carried her upstairs naked. 'Jane' remembers struggling and screaming all the way up the stairs and says:

'It was so humiliating.'

Then she recalls another time in the recreation room when she was having a period, when SNR told some girls to restrain 'Jane'. She says she was hysterical at the time but she said:

'They were holding me down on the floor with their hands and knees, trying to quieten me down.'

She said she kept screaming and shouting at them until they let her go.

Then she recounts another occasion when she had been out on a walk with a friend and they had boyfriends at that time and she was late coming back to Balnacraig and she tells us that she kissed a boy but there was nothing more than that and she wouldn't have even known what else could be done. She was fairly ignorant of the

- facts of life, as she puts it, at that time.
- 2 But when she got back, she says Miss GXJ said she
- 3 knew what the girls had been up to and she took them to
- 4 her room, she made the girls strip, she told them to go
- 5 upstairs and have a bath with Dettol. 'Jane' says she
- 6 wouldn't listen when the girls told her that nothing had
- 7 happened and she just says:
- 8 'It was dreadful. It's still very upsetting for me
- 9 when I think about it now. I was a young girl in
- 10 puberty and I was made to strip and walk upstairs with
- 11 no clothes on. It was so humiliating.'
- 12 Then, just towards the end of her statement, she
- 13 says this:
- 'I never reported what happened, back then I didn't
- 15 think of doing so.'
- 16 She says:
- 17 'We didn't know we had any rights. As far as I was
- 18 concerned, SNR was and we just had to
- 19 live by whatever she said.'
- Now, you didn't see anything of that nature in the
- 21 records, but that's an account of someone in the 1950s
- 22 and while there may have been practical care, and SNR
- 23 SNR may have provided for young people, clearly
- 'Jane's' experience was a traumatic one for her,
- 25 particularly with the onset of puberty and the lack of

- 1 education and how issues were dealt with in that
- 2 context.
- 3 Do you have a response for that?
- 4 A. There are a couple of things about that.
- 5 One is, as I referred to before, history was written
- 6 by the victors. What Miss GXJ wasn't necessarily
- 7 going to say that it was an institutionalised lack of
- 8 caring, or whatever,
- 9 the other bit which we touched on before, about the
- 10 board should have been querying that; were people from
- 11 the board going in? Were the trustees going in? They
- 12 should have been asking those sort of questions in my
- 13 view.
- 14 There are some aspects of that which I wonder, and
- it's pure speculation, whether or not, if they'd have
- 16 had married women with children
- 17 establishment, the response would have been different.
- 18 My recollection is that at the period, Miss GXJ
- 19 herself and others were effectively spinsters and maybe
- 20 had a lack of understanding in their own lives and also
- 21 the context of that period those sort of things were to
- 22 be hidden and, you know, sexuality generally would be
- 23 hidden.
- 24 I say that, I would not want to take away at all
- 25 from her experience. It was totally inappropriate even

- 1 for the time.
- 2 Q. She remembers it now --
- 3 A. She remembers it, yes --
- 4 Q. -- it's obviously stuck in her memory and it's not
- 5 something she can't not think about.
- 6 A. Yes. I fully accept that. Again, which we have touched
- 7 on before, it's this bit about, you know, children
- 8 coming away from home because of a lack of care should
- 9 expect a higher standard and it's particularly
- 10 disappointing when they're not getting the higher
- 11 standard.
- 12 I would like to think that that has changed somewhat
- 13 now -- although I have some views on that as well -- but
- 14 certainly just the idea that you remove them because
- 15 care is better, we touched on what we have said before,
- 16 but a culmination of ignorance and probably punitive
- 17 approach.
- 18 The other bit which strikes me about that, which is
- 19 consistent with what said when she came, is
- 20 that, you know, we spoke about only four women running
- 21 the establishment. In actual fact, the older girls, in
- 22 effect like big sisters in big families, took on
- 23 a proportion of the care and control and maybe they
- 24 would be even less caring in their approach.
- 25 The decision to send her upstairs naked clearly

- 1 comes from Miss GXJ --
- 2 Q. You would accept that she's right to see that as abuse?
- 3 A. Oh, no doubt at all. I mean, I kept saying right the
- 4 way through writing the report, based on available
- 5 records I can only say based -- but it doesn't surprise
- 6 me in the least. Just as I make more explicit, as we'll
- 7 come on to with SGQ , I believe all of the
- 8 witness and everything that is and I know --
- 9 I've met the guy, because I chaired conferences in his
- 10 time. So I'm quite prepared to believe that the picture
- 11 that's painted in the records isn't a full picture.
- 12 Q. It is instructive, is it not, though, because you, in
- a way, prove how instructive it is, that all you had
- 14 access to were records kept by the school and the things
- 15 I've told you about don't appear and don't become
- 16 apparent from the records and the records tell a certain
- 17 story, that if that's all you had, if you were
- 18 a historian, you would get a potentially misleading
- 19 picture of life in the 1950s in Balnacraig?
- 20 A. Yeah. I totally agree. I mentioned to you just before
- 21 we started about access to records. One of the bits
- 22 that I find extremely disappointing is that decisions
- 23 were made, and my understanding is they were made by the
- 24 Scottish Government at the time, to destroy any records
- 25 more than 12 years old.

1 In theory, that should be okay, because there should 2 be copies of key information in local authority records, but I know, because when I worked in Falkirk we were 3 asked to do an exercise to go back through records for 5 Robert Black, when they were looking to prosecute. Robert Black grew up in Falkirk and I went with 7 a detective sergeant from the Child Protection Unit to 8 Stirling's records from -- because it would have been Stirlingshire at the time, and they were hidden in 9 10 a basement of a warehouse gathering dust, most of them 11 rotting. So even though those records were supposed to 12 be kept for longer, they're meaningless because nobody 13 knew what was there. We spent three days searching 14 through and it was pure by chance that we found his record. And I think that's part of the problem, you 15 16 know, I find it very disappointing that records were 17 destroyed.

So, you know, any of the young people coming back prior to 1990, we didn't have the records. Now, had I had access to those records as I had later, my report probably would have been very different, because those individuals recordings would have given a much broader picture.

Q. It's not a criticism of your report. You can only work with what you have, but I'm trying to make the general

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1 point, because we have also heard evidence in relation 2 to another school that even where there are records about individual children, and not necessarily in the 3 1960s, but later on when records were perhaps -- there 5 were more systems and more requirements to write records, that the records in one case was described as 7 poor or non-existent, because they didn't contain the 8 information that they should contain about the child or about incidents involving the child and that was 9 10 a serious failing that inspectors were picking up. This 11 was in the 1990s, I think, in the one I'm thinking of. 12 A. I think the other element of that, and it's maybe 13 evidenced in some of the comments I've made in respect 14 of the post-1971 period, is there are several levels of records, there is what the local authority contain, 15 there is what Balnacraig, in this case, would have had 16 17 at the time. The records probably, for the most part, would have 18 19 been case conference reports, hearing reports, 20 decisions, letters, correspondence. What was really 21 telling, when it came to Balnacraig, wasn't any of those 22 formal records, it was being able to go back into the logbooks and the junior staff, post-1971, were a lot 23

less careful, shall we say, about what they wrote and

I've highlighted one particular incident. Some of the

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- 1 people who are applicants I have had dealings with,
- 2 because they came back and said, can we have access to
- 3 our records and I said in some cases we just don't have
- 4 them, but in those where we did, I was able to look at
- 5 more formal records but also give instances which, not
- 6 necessarily supported what they were saying, but
- 7 pinpointed a day or a time.
- 8 Obviously they were still written. I think about
- 9 one of the young people breaking an arm or whatever, it
- 10 pinpoints a point in time and I can say, 'Yes, we know
- 11 you definitely went to the hospital', but what it
- 12 doesn't say is that the break was deliberate.
- 13 Q. They may actually have some sort of record, but it's not
- 14 necessarily comprehensive in terms of giving you the
- 15 sort of information, 'Oh, I wish I could find the answer
- 16 to the next question', just the detailed circumstance?
- 17 A. Yes.
- 18 LADY SMITH: David, something else that struck me about that
- 19 extract from 'Jane's' statement, is we're talking about
- 20 the 1950s. I think you rightly observe that the norm
- 21 would be that SNR would be single. You are also
- 22 talking about an era that was largely pre-contraception,
- 23 certainly it was pre-Pill.
- 24 A. Yes.
- 25 LADY SMITH: A woman , as she would see

- it, trying to see to it that these girls don't get
- pregnant.
- 3 A. Yes.
- 4 LADY SMITH: And perhaps going about it completely the wrong
- 5 way.
- 6 A. Yes.
- 7 LADY SMITH: Partly because she had never had any experience
- 8 of handling that with her own daughter.
- 9 A. Yes, definitely.
- 10 MR PEOPLES: If she was seeking do that though, it might
- 11 have benefited her to consider some form of sex
- 12 education, even if there weren't contraception
- 13 available, that if you leave a child in a state of
- 14 ignorance then surely that is a fault.
- 15 A. Can I ask a glib question in response to that? How many
- 16 parents, how many establishments were capable of
- 17 giving --
- 18 LADY SMITH: In the 1950s.
- 19 A. Again it's about context.
- 20 LADY SMITH: Even thinking back to sex education for girls
- in, shall we say the 1960s, the approach, and I think
- 22 the curriculum approach, was to make it very technical
- 23 in a biology lesson and nothing else. Nothing about
- 24 relationships at all.
- 25 A. Yes.

- 1 MR PEOPLES: Let's strip that back then just from sex
- 2 education, but surely 'Jane's' problem is she didn't
- 3 even get told that she would have periods. So when they
- 4 started or began, she was ignorant, and that's surely --
- 5 whatever else you tell someone, if it's a young girl,
- 6 and you're a woman, and would know at least something
- 7 that these are things that are happening and she
- 8 shouldn't get alarmed and that this is a natural part of
- 9 development. Then surely a person in Miss GXJ 's
- 10 position, whether she was a spinster or not, would have
- 11 had the capacity and the knowledge to be able to say
- 12 something?
- 13 A. I totally agree, I'm not justifying the position.
- 14 Q. No, no, no, I'm just trying -- it may well be that --
- 15 I think we can all remember sex education in schools,
- 16 certainly in the 1960s, wasn't necessarily very well
- developed, but taking it back to that even, that she
- 18 certainly has to deal with a natural point in time of
- 19 a young woman's development?
- 20 A. And there are elements of that which brings in the
- 21 issues about what subjects were talked about and not
- 22 talked about and even in that sort of situation where
- 23 you think this is a woman caring for young girls and
- 24 a lot of young girls. What she didn't get from
- 25 Miss GXJ , surely she should have got from other

- 1 girls. Now, that's not the way to get it, but even
- 2 today a lot of young people get more sex education from
- 3 talking to their peers, but nonetheless that really
- 4 highlights the inappropriateness of the response.
- 5 The other bit which links in, not necessarily with
- 6 her, but with other young people sexually abused, is
- 7 that one of the things that really struck me, because
- 8 I did a piece of work when I worked for Central Region,
- 9 doing a statistical report on child protection
- 10 registrations, and up until the mid-1980s, there was
- 11 nobody on the child protection register in Central
- 12 Region for sexual abuse. Obviously by the time I left
- 13 social work, there were significant numbers and it had
- 14 the highest proportion, but people just didn't recognise
- 15 it was going on. Part of that is that people just
- 16 didn't talk about it and in many cases, people just
- 17 didn't believe it was happening.
- 18 Q. Yes, they weren't talking about even abuse of children
- in care. There was a presumption that children were in
- 20 a place of safety and these things didn't happen and if
- 21 a child said they did, they were making it up?
- 22 A. Yes.
- 23 Q. Going on to --
- 24 A. We touched on records, and can I just highlight the bit
- 25 I was saying beforehand? I noticed from some of the

- 1 applicants' statements, people saying about difficulty
- 2 about accessing records. I'm not sure now how they
- 3 would make use of it, but one of the things when
- 4 Balnacraig closed is we made a list, which you have, of
- 5 where all the records went.
- 6 One of the things I did with some of the applicants
- 7 was when they wrote to me, I gave them what detail we
- 8 could, but this idea that the local authorities don't
- 9 have records, I know for a fact isn't true, because they
- 10 have the records we gave them from at least a few years
- 11 ago. So if the occasion arises, it's maybe worth -- and
- 12 people are still saying they haven't had access to some
- of these records and bemoan the fact that they can't
- 14 come back to us any more, is redirecting them to
- 15 local authorities to say they do have these.
- 16 Q. I'm sure that's helpful. If someone has received that
- 17 response, because they do get responses sometimes,
- 18 'They're missing, we can't find them, they were
- 19 destroyed in a fire', or whatever, but you say at least,
- 20 such records as you were able, had been retained you
- 21 passed on?
- 22 A. And several people who came back, including from
- 23 pre-1971, I wasn't able to produce the information from
- 24 individual records, but I was able to go through the
- 25 records we had from minutes and say, 'Well, your name

- 1 came up', like I did with Your name came
- 2 up on such and such a date', and this happened and
- 3 whatever and that at least provides them with some
- 4 information about their life in care.
- 5 Q. Thank you.
- 6 If I can move to Part B, it's our page 105. We have
- 7 already discussed, I am not going to discuss the
- 8 pre-1971 era again. I think we know why you have said
- 9 what you said about you can't say, on the basis of
- 10 records, that children cared for at Balnacraig, and
- 11 before that, Wellshill, were abused.
- 12 Can I just ask you two points though on that point.
- 13 The first is, when you say you can't accept there's any
- 14 evidential basis. You mean abused by staff, because
- 15 clearly we've seen entries where children were assaulted
- 16 by other children?
- 17 A. Yes.
- 18 Q. So that is a form of abuse, 'peer abuse' sometimes it is
- 19 colloquially called, but that is abuse and there is
- 20 evidence of that in the records, because the punishments
- 21 were given for someone assaulting --
- 22 A. I suppose what I was looking for in my thinking in that
- 23 is about what forms of abuse were -- I was about to say
- outside the norm', but I think you know where
- 25 I'm coming from. It's a difference between -- I grew up

- in a family of five, yes, there was bullying. My dad
- 2 comes from a family of 15, there were fights, sometimes
- 3 fairly serious fights, but not in a way that I would
- 4 describe as abusive.
- Now, I'm in no doubt that some of the -- and I have
- 6 worked with young people enough to know -- some of the
- 7 behaviour of other children towards children can be
- 8 really abusive and damaging.
- 9 I suppose it brings me back to the bit in law about
- 10 intent. Quite often these were fights between the kids,
- 11 not necessarily an intent from the person assaulting.
- 12 Q. Well, you have mentioned your family's situation, and I
- 13 have no doubt we can all think about things, if we have
- 14 siblings, in previous decades, that we didn't always
- 15 live harmoniously, but these were children that weren't
- 16 necessarily related, in an environment that wasn't their
- own home, and therefore, in some cases if a child was
- 18 assaulted, and we have some records that that was
- 19 happening, that could be quite a traumatic experience
- 20 for them. They might take it from their brother or
- 21 sister as part of the knockabouts of family life, but
- 22 you can see that this is a different situation?
- 23 A. Yes.
- 24 Q. The other thing, just before we move on, do you accept
- 25 that, if one accepts what 'Jane' has said in her

- 1 statement, that there is certainly evidence of the use
- 2 of restraint as opposed to physical corporal punishment,
- 3 restraint being used prior to 1971? She is restrained,
- 4 taken upstairs and so forth, by other girls in the
- 5 manner she's described, so that is evidence that that at
- 6 least happened before 1971?
- 7 A. Yes. And --
- 8 Q. On the orders of SNR , Miss GXJ ?
- 9 A. You know, it's the difference between the information
- I had access to, but looking at it in the light of that,
- 11 you know, there are a number of things which --
- 12 I'm still not sure I would say there was systemic abuse,
- 13 but I certainly would now say there was abuse going on,
- 14 which should have been addressed.
- 15 LADY SMITH: To use the word 'system', there could have been
- 16 abuse that was due to the absence of or failure of
- 17 systems?
- 18 A. Yes.
- 19 MR PEOPLES: Clearly, Miss GXJ , if she took a dim view of
- 20 the behaviour of the young girls outwith the school, was
- 21 prepared, on that occasion, or, at least, on several
- 22 occasions, to take that particular child and deal with
- 23 them in a certain way, which is humiliating?
- 24 A. Yes.
- 25 Q. So it wasn't just a one-off?

- 1 A. No, I'm not defending it from that perspective.
- 2 Q. One might infer from that that, if other children did
- 3 anything likewise, and I'm sure young girls, when they
- 4 did get a bit of freedom outwith, might well have gone
- 5 to see boys and they might have had a sign of affection
- 6 and if Miss GXJ got to know of it, presumably her
- 7 system meant: I have a way of dealing with this and this
- 8 is the way I deal with it.
- 9 In that sense, it is a systemic matter?
- 10 A. I would accept that. I suppose where I was coming from
- 11 was more the difference between, which we'll come on to,
- 12 the likes of SGQ , where, built into the
- 13 structure, built into the way of working, was creating
- 14 opportunities to abuse children. David Cowling was the
- 15 same.
- I don't think that was -- I don't know for certain,
- as I say, it was quite enlightening to read that. It
- 18 certainly gives a different complexion to what I read
- 19 from the records. That's more explicit in the later
- 20 records. There was actually -- and again it's to do
- 21 with the sort of mens rea, the intent. Later on there
- 22 is very clearly an intent to abuse and create
- 23 opportunities to abuse rather than what you could argue
- 24 is poor practice, but it is poor practice that has
- 25 serious consequences for some young people.

- 1 Q. We have already touched this morning on examples of
- 2 punishments and sanctions taken from the punishment book
- 3 for the 1970s. We're now in what I would start to say
- 4 is GXJ
- 5 I'm not going back to them. I read out some
- 6 examples. I just want to pick up a couple of points on
- 7 examples of a more punitive controlling environment, not
- gust examples we looked at this morning, but you mention
- 9 in your report that in this period, particularly the
- 10 period between 1971 and 1986, when it was still a List D
- 11 school, that there was evidence that young people were
- 12 placed on the 'sanitary squad', which I think in essence
- was cleaning toilets and bathrooms as a punishment.
- 14 That was a feature of life in that era?
- 15 A. Yes.
- 16 Q. We had moved to , largely speaking, male
- 17 SNR --
- 18 A. Mm-hmm.
- 19 Q. -- from then on. Miss GXJ , SNR , and
- 20 for the most part, I think, it was men
- 21 A. I need to look back at the list, but I think
- 22 David Cowling came in.
- 23 Q. David Cowling came in --
- 24 A. There quite a period after that when it was female
- 25 SNR . But there were more male people (Inaudible) at

- the establishment --
- 2 Q. Well, I think it was only one. It's page 96 on our
- 3 page. We can bring it up now so we just get the
- 4 sequence, I think you deal with this at page 96.
- 5 There is a list there. We always have Miss Gordon,
- 6 who is long-standing, and she was there for a very long
- 7 time, until about 1971.
- 8 We have the temporary acting heads in the 1960s,
- 9 1961. David Cowling comes in from May 1971 to
- 10 September 1973. Then there is a period when a man
- 11 called Ian Cameron was the acting head for a short
- 12 period before the next appointment, who was a woman, it
- 13 was Patricia Whaling, she stayed for three years?
- 14 A. Three years, yeah.
- 15 Q. Then Mr Kedslie became the acting head for a short time.
- 16 Then Mr Bryan Gorman came on the scene --
- 17 A. Yes.
- 18 Q. -- and was headmaster from February 1976 through to
- 19 September 1992. He was succeeded in 1992 by
- 20 Ewan Matthew, who stayed until around March 2008.
- 21 Then you give three individuals who thereafter were
- 22 effectively head or chief executive of the school?
- 23 A. Yeah. I take back what I said.
- 24 Q. There was one woman after Miss Gordon?
- 25 A. Yes, mm-hmm.

- 1 Q. If we go back to Part B, I was asking you about sanitary
- 2 squads, but another point that was made, was that there
- 3 was a notable increase in the use of restraint,
- 4 particularly in the period 1971 to 1986. That is
- 5 something you picked up from the records in comparison
- 6 to what had gone on before?
- 7 A. Yes, yes.
- 8 Q. Of course, you tell us that, so far as restraint or
- 9 physical intervention is concerned, the school only
- 10 began to use a particular approach called CALM from
- 11 around 2010?
- 12 LADY SMITH: Where are we now? Have you gone to a different
- part? Oh, I see, right, I thought, because we started
- 14 at page 104 and then we went back, we're not going to
- any particular page at the moment?
- 16 MR PEOPLES: I'm trying to --
- 17 A. Can I maybe put that in some context, based on my
- 18 experience working down south, where, in the 1980s,
- 19 I was working for the residential school I referred to
- 20 before, and it was an accepted part and we were taught
- 21 what became prone restraint, and that's referred to in
- 22 the information about prone restraint, in particular
- 23 pinning down somebody face down or whatever -- we were
- 24 encouraged to use it.
- 25 Q. In the 1980s?

- 1 A. In the 1980s. But that had been around for a while
- 2 before that --
- 3 Q. Before the 1980s?
- 4 A. -- although it wasn't necessarily called prone
- 5 restraint. But in terms of the teaching about how you
- 6 work with children, that form of restraint was being
- 7 advocated, so it's not as if people are choosing to do
- 8 it simply because they want to be cruel. It was part of
- 9 the social work teaching.
- 10 Q. I take your point, but we've also heard evidence from
- 11 another school that some of the staff received their
- 12 first restraint training -- I think this was probably in
- 13 the 1980s or 1990s -- from people who were prison
- 14 officers and were told how to use pressure holds to
- 15 inflict at least pain on a temporary basis to bring or
- 16 to calm a person down and how to put them down on the
- 17 ground and so forth?
- 18 A. Yes.
- 19 Q. That's not news to you, is it?
- 20 A. No, no. The person who, I think, taught me prone
- 21 restraint was ex-army. I never approved or never agreed
- 22 with it. But the point I'm making is that it wasn't
- 23 just individuals deciding to restrain children. It was
- 24 what was seen to be in the best interest of the young
- 25 people, is to restrain them from hurting themselves or

- 1 hurting other people.
- 2 Q. This was seen as an acceptable method --
- 3 A. Yes.
- 4 Q. -- that was given a sort of approval, official approval,
- 5 that it could be used on young people although you would
- 6 say you didn't like it at the time --
- 7 A. No. And part of the reason I didn't like it is because
- 8 the people, some of whom were subsequently prosecuted in
- 9 Surrey, just saw that as an opportunity to exercise
- 10 physical control and would put in the extra punch and
- 11 the extra kick or whatever, or a few kicks before the
- 12 restraint.
- 13 Q. Assault under the guise of legitimate restraint?
- 14 A. Yes. I have to point out that there are dangers of not
- 15 using some form of restraint, because I came home from
- 16 work one time, my wife was horrified, this was when
- 17 I worked in Surrey, my shirt was ripped, my glasses were
- 18 broken, I had a hole in my shoe and my foot, where
- 19 a girl, wearing high heels, was about to attack another
- 20 girl with a knife. I grabbed hold of her, in the safest
- 21 way possible, she fought and I ended up coming off
- 22 worse.
- 23 But it should have only ever been used as
- 24 a prevention for her injury to other people, not the way
- 25 it was used in practice, which was if somebody didn't

- 1 like --
- 2 Q. There is also the situation that, leaving aside that
- 3 method and the fact it had some degree of legitimacy,
- 4 and, indeed, people were trained to use it, there was
- 5 a time in many schools, and I think Balnacraig would be
- 6 no exception, where unqualified staff received no
- 7 restraint training --
- 8 A. Yes.
- 9 Q. -- at all, and they did, they used such methods as no
- 10 doubt they thought would best deal with the situation
- 11 confronting them?
- 12 A. Yes.
- 13 Q. If I go back to Part B at this stage on page 105, just
- 14 to be clear, what you say is that based on the records,
- 15 including a conviction of David Cowling in 2015 and
- 16 various incidents that we'll come on to shortly, that
- 17 Balnacraig accepts that some children cared for at the
- 18 establishment were abused in the period post-1971?
- 19 A. Yes.
- 20 Q. We'll cover the particular examples that are at least
- 21 the most notable perhaps today. So that was
- 22 an acceptance there?
- 23 A. Totally.
- 24 Q. Although I think, based on what I'm telling you now this
- 25 morning, about things you may not have seen before,

- 1 I take it you are not standing on the acknowledgement
- 2 position in 3.1 about pre-1971?
- 3 A. Entirely, in the sense that, as I have said, I wrote it
- 4 based on available records, as more information has come
- 5 up, I'm more than happy to accept that the level of care
- 6 fell far beyond what was acceptable, even for the time.
- 7 Q. Just going on then, and I think at page 106 and
- 8 following, you do deal in some detail with some of the
- 9 people that have caused you to give the acknowledgement
- 10 about the post-1971 period. I'll deal with that now, if
- 11 I may.
- 12 Can we take firstly David Cowling. He was the
- 13 headmaster, as we have seen, from May 1971 to
- 14 September 1973?
- 15 A. Yes.
- 16 Q. He was convicted in 2015 of offences committed during
- 17 the time he was headmaster?
- 18 A. Yes.
- 19 Q. I think the convictions related to two girls and
- 20 involved lewd and libidinous practices and behaviour?
- 21 A. Yes.
- 22 Q. There was a separate assault charge, but I think we've
- 23 seen that that charge was either withdrawn or he was
- 24 acquitted of?
- 25 A. Mm-hmm.

- 1 Q. It was sexual offences, involving two girls?
- 2 A. Yes.
- 3 Q. Essentially the situation in David Cowling's case, as
- I understand it, correct me if I'm wrong, is the
- 5 background was that at the time he was headmaster, there
- 6 were concerns among staff about his behaviour,
- 7 particularly that he was taking a special interest and
- 8 appeared to have a close and special relationship with
- 9 a particular girl, one of the complainers in the
- 10 ultimate trial of David Cowling?
- 11 A. Yes.
- 12 Q. The upshot of that --
- 13 A. Can I say something which always struck me. At the time
- 14 she denied anything was happening. She saw him as
- 15 a boyfriend and I think, you know, it says something
- 16 about, you know, people's memories and realisation that
- 17 what they experienced at the time, their understanding
- 18 at the time is that it wasn't abusive, but retrospect
- 19 a lot of people do see it as abusive.
- 20 Q. She didn't see it at the time there was anything wrong
- 21 with it?
- 22 A. No, she saw him as a boyfriend.
- 23 Q. But there was a significant age gap between Mr Cowling,
- 24 presumably, and the girl in question?
- 25 A. Which is why he had the responsibility and she didn't.

- 1 LADY SMITH: It's not unusual for a young person in her
- 2 position to feel that way, if they've been effectively
- 3 groomed.
- 4 A. Yes, exactly.
- 5 MR PEOPLES: She might actually feel special and therefore
- 6 she actually liked the attention that, say, other girls
- 7 weren't receiving?
- 8 A. Exactly.
- 9 Q. And that can cause problems with other girls as well, if
- 10 they see that?
- 11 A. Yes, which it did, because some of the subsequent
- 12 problems were because other young people and staff had
- 13 seen what was happening. She wasn't responsible for
- 14 that, but it had a knock-on effect.
- 15 Q. Yes, the behaviour in question wasn't behind closed
- 16 doors, it was quite open, and it was observed by staff
- and pupils and reported by them at the time?
- 18 A. Yes, which you may be coming on to. My horror in
- 19 reading back is that the board knew about it and didn't
- 20 act on it and if, anything, they endorsed his moving on
- 21 with flying colours.
- 22 Q. Yes, I'm going to come to that, but just to get the
- 23 broad picture that he was, following these concerns
- 24 being brought to the board's attention, ultimately asked
- 25 to resign and I think you tell us in short, in the

- 1 report, that so far as you can tell, there was no
- 2 further action taken and the matter wasn't even reported
- 3 to the police at the time?
- 4 A. Mm-hmm.
- 5 Q. Is that the position?
- 6 A. Yeah, and agreement to give him a good reference.
- 7 Q. Well, I was going to say, the other thing that, I think,
- 8 causes you to be highly critical of the response of the
- 9 board of governors was that the handling of the
- 10 allegations against Mr Cowling, including, firstly, the
- 11 failure to inform the police at the time, but also, can
- 12 I put it this way, agreeing, or at least acquiescing, to
- a stipulation by Mr Cowling's solicitor at the time of
- 14 his resignation that his resignation would not be used
- 15 to hinder any future employment with children, is that
- 16 a fair way of putting it?
- 17 A. Yes.
- 18 Q. It wasn't reported to the police. It wasn't a matter of
- 19 publicity. He left quietly, with, effectively, the
- 20 equivalent of what might today be called
- a non-disclosure agreement, is that what it comes to?
- 22 A. The only saving grace that I can tell is that he never
- 23 worked with children again.
- 24 LADY SMITH: But he might have done.
- 25 A. He might have done, and he worked for

- 1 Perth Citizens Advice, so he would have had access.
- 2 MR PEOPLES: Can I move on to the next person you tell us
- 3 about in the report. You have written all this in the
- 4 report and I'm conscious that we have so much time just
- 5 to deal with the essentials.
- 6 I'll move on to SGQ , who was SNR
- 7 from 19 to 19 , In
- 8 short, as you tell us in the report in greater detail,
- 9 he was at various times, SNR , the
- 10 subject of allegations. There were a variety, in terms
- of some were allegations were of physical abuse, but
- 12 mainly, is it, inappropriate relationships?
- 13 A. There was the inappropriate relationship --
- 14 Q. Or inappropriate conduct.
- 15 A. -- my recollection is that the majority of the
- 16 complaints were about physical abuse, levels of control
- 17 which were abusive, but it was also issues about
- 18 relationships he had.
- 19 Q. Also, I think, there is certainly some evidence, you'll
- 20 have seen this, and we'll hear about, evidence of how he
- 21 conducted himself with young girls in his study, in
- 22 terms of sitting on his knee and being, I think one
- 23 described, as touchy-feely?
- 24 A. Yes, and that's reflected in my report because, you
- 25 know, obviously he wasn't writing about that, but at the

- 1 time I was writing it, I was very aware of the
- 2 Balnacraig . If it's of interest, although
- 3 it couldn't be publically disclosed because it's got
- 4 names in it, but a number of girls actually saying this
- 5 is the way he behaved. So when I read the statements
- from the applicants, I wasn't at all surprised. I try
- 7 and reflect that, you know, whilst nothing was ever
- 8 proven at the time, I'm quite prepared to believe that
- 9 his behaviour was inappropriate and maybe went a lot
- 10 further than --
- 11 Q. What was being reported at the time, and the
- 12 allegations, bore a similarity to what was appearing
- 13
- 14 A. At the time, didn't exist, this is the more
- 15 recent --
- 16 Q. No, no. What I'm saying is that what was being said
- , and what you've seen from applicants'
- 18 statements, bears a close similarity to the nature of
- 19 the allegations coming out when he was SNR
- 20 A. Yes, and the applicants' statements go into a bit more
- 21 detail, like sitting on his knee and him touching
- 22 private parts and whatever, and having favourites, and
- 23 all the rest of it. So, you know, when you put that
- 24 into context with what's written , the
- 25 whole process, almost by corroboration, becomes totally

- believable.
- We did actually write -- we didn't want to put
- 3 something directly from us , but Alison wrote
- 4 to the person and invited people
- 5 to come forward or to give evidence to the Inquiry, and
- 6 I actually think some people contacted the Inquiry as
- 7 a result.
- 8 Q. The school wanted people to come forward to speak about
- 9 things and what was happening at that time?
- 10 A. Yes. Alison and my position, right the way through from
- 11 the start of writing the report, was that we weren't
- going to hide anything, we weren't going to hide behind
- 13 that it was a different time, different people. If
- 14 there was an indication that something was wrong, we
- 15 would be open about it, we would offer support to the
- 16 individuals if they wanted it from us and we would be as
- 17 honest as we could be.
- 18 LADY SMITH: When you say 'Alison', am I to take it you mean
- 19 Alison Morley, the chief executive of Balnacraig?
- 20 A. Yes.
- 21 MR PEOPLES: What is a feature of this -- which is not
- 22 always a feature of these cases -- is that there were
- 23 allegations at the time.
- 24 A. Mm-hmm.
- 25 Q. It's not a case of someone saying, 'Well, no one ever

- 1 told us, the board or the person that was appropriate to
- 2 approach'. These were all situations which the board
- 3 became aware of and had to address and handle and
- 4 I think your report is critical of the handling, not
- 5 just of Cowling, but of SGQ , of SHH and other
- 6 complaints?
- 7 A. Yes.
- 8 Q. Because we see in SGQ 's case that the allegations
- 9 surfaced over the whole period SNR
- 10 A. Yes.
- 11 Q. It wasn't just on one occasion?
- 12 A. Mm-hmm.
- 13 Q. It kept coming back that there were allegations about
- 14 him?
- 15 A. Yes.
- 16 Q. What I think you tell us, taking it short, is that most
- of the allegations that came to light, or were being
- 18 raised, were the subject of, can I put it this way
- 19 rather loosely, some form of investigation. I think
- 20 you're not very happy, from the records, as to the
- 21 quality of the investigation, but they did seem to be,
- 22 to put it loosely, investigated?
- 23 A. Yes.
- 24 Q. Sometimes even by the police?
- 25 A. Yes.

- 1 Q. Sometimes by the local social work department, but it
- 2 appears that in all cases, no further action was taken
- 3 following such investigations as were carried out, is
- 4 that putting it --
- 5 A. I totally agree.
- 6 Q. -- in a nutshell?
- 7 A. Yes, and, you know, within that, I would raise serious
- 8 questions about the quality of the investigations that
- 9 were carried out, in terms of the conclusions that were
- 10 drawn. When we're talking about the 1990s, certainly
- I started systems in regards to child protection and
- 12 chairing case conferences in 1990, and within the area
- 13 I covered, geographically and the young people
- 14 I covered, we would have been applying child protection
- 15 procedures by then. Stirling already had the joint
- 16 unit. There would have been a dedicated unit
- 17 investigating and I think if people with the right
- 18 experience and qualifications had been doing it, the
- 19 outcome would have been very different.
- 20 Q. I'm not going to take you to the detail at pages 107 and
- 21 108, but we see, for example, that specific allegations
- 22 about SNR , there was one in 1983, two in 1986,
- 23 there was another one in 19 -- can I just ask --
- I should -- at page 108, you mention one that's in
- 25 February 1997, the third paragraph down. It's not in

- 1 sequence here. Did you mean 1987, because he was
- 2 SNR in 1997?
- 3 A. I must have meant 1987.
- 4 Q. So the entry on page 108 of our numbering in the third
- 5 paragraph should read 'February 1987'?
- 6 A. I would presume so, yes.
- 7 Q. I think you were trying to set out all the allegations
- 8 that were surfacing when he was SNR ?
- 9 A. Yes, and I tried to do it in chronological order so that
- 10 would make sense. It's a typing error.
- 11 Q. It's fine. It's just so we're not left wondering what
- 12 year it was.
- 13 Then we see that there was another allegation
- in 1992. You have set out what
- 15 -- I mean the common feature is whatever investigation,
- 16 no action was taken against him. You tell us that
- another common element, this was on page 108, in
- 18 Mr SGO 's response to all of the allegations appears
- 19 to have been to blame the girls.
- When you say to blame the girls, what do you mean by
- 21 that? What was he saying, when something like this came
- 22 up?
- 23 A. He was making comments like, 'You would expect them to
- 24 say this. It's quite common where men are working with
- 25 young people in care, for them to make allegations, that

- 1 this was just a reflection of their backgrounds, of poor
- behaviour or whatever, to lash out at whoever is
- 3 closest'. Rather than accept, which obviously he wasn't
- 4 going to at the time, that maybe his behaviour had been
- 5 inappropriate.
- I would say he does make the comment about this
- 7 being normal in care. I had worked in care at that time
- 8 and it wasn't normal.
- 9 Q. To have young people --
- 10 A. Making allegations.
- 11 Q. -- continuously make allegations against one person
- 12 wasn't that common?
- 13 A. Yes, exactly.
- 14 Q. But that was how he sought to --
- 15 A. Yes, to justify it.
- 16 Q. -- justify or explain why it wasn't true, but there were
- 17 reasons ... in this environment, that's what happens,
- 18 that's what young people do?
- 19 A. Mm-hmm.
- 20 Q. Did he ever try to say why, in particular, young people
- 21 that were raising them might want to do that? Was he
- 22 saying they had some sort of grudge or problem with him
- or they were trying to get revenge or something, or did
- 24 it ever get as far as that?
- 25 A. My recollection is that he blamed their backgrounds, he

- 1 blamed their poor behaviour. That, you know, making
- 2 allegations against him was a good way to divert
- 3 attention from their behaviour.
- 4 Q. He's now deceased, is he not?
- 5 A. Actually him, and, I think, David Cowling is also now
- 6 decreased.
- 7 Q. No, I don't think he is.
- 8 A. Oh right.
- 9 Q. In fact I can tell you that. But I think we know that
- 10 SGQ 's deceased.
- 11 A. We do because, I think in actual fact in relation to one
- of the applicants, I worked with the police and we did
- some inquiries, and I actually found the reference,
- 14 because I think he died down in the Midlands or
- 15 Yorkshire or somewhere like that, and I actually found
- 16 the reference. The police checked that and confirmed he
- 17 was deceased.
- 18 Q. I suppose if we're trying to -- a hypothetical here --
- 19 that if he was still alive today and he was confronted
- 20 by these young people as adults saying the same thing,
- 21 he presumably would be coming up with the same answer --
- 22 A. Probably, but I think --
- 23 Q. -- or response?
- 24 A. -- I can't remember the person in the police I worked
- 25 with, but it is one of the applicants I remember dealing

- 1 with it, with her, when we told her that he was deceased
- and that the police view was that now that he's
- 3 deceased, they wouldn't be able to prosecute, we did
- 4 encourage her to come forward to the Inquiry and to seek
- 5 criminal injuries compensation, but I think certainly
- 6 the police view from that was that there was sufficient
- 7 evidence that, had he been alive, they would have
- 8 prosecuted him.
- 9 Q. I should have said, when I was looking at page 108, that
- 10 if we go to that, halfway down, I think you give some
- 11 sort of example of the sort of response he came up with:
- 12 'This girl has a history of hysterical outbursts and
- 13 unprovoked assaults on staff.'
- As if that was a complete answer to what he was
- 15 saying was an unfounded allegation?
- 16 A. Yes.
- 17 Q. Can I move on to a third person that you tell us about
- 18 called SHH . Again, I'll take this short and
- 19 tell me if I miss anything important. We have the whole
- 20 detail and I won't go to it all.
- 21 He was not a headmaster,
- , he was a group leader, but he
- 23 was still in a more senior position?
- 24 A. Yes.
- 25 Q. It appears that in his case the background was that

- 1 there was an allegation by other staff that he was in
- 2 some form of relationship with a female pupil, which may
- 3 have started when she was about 15?
- 4 A. Mm-hmm.
- 5 Q. I take it he was a bit older than that, do we know what
- 6 age he was?
- 7 A. I have a recollection that he was in his 20s, but
- 8 I can't remember where I got that --
- 9 Q. There was a significant age difference?
- 10 A. Yes.
- 11 Q. It appears that there was police involvement in this
- 12 case when the pupil went missing and she was found at
- 13 SHH 's home?
- 14 A. Yes.
- 15 Q. Is that the essentials? But I think the way you've
- 16 described it is that, while the police were involved in
- finding her, and found her at a member of staff's flat,
- 18 the matter was not apparently investigated by the police
- 19 to see if a possible criminal offence had been
- 20 committed. We know about the offence of harbouring
- 21 children.
- 22 A. I think the other bit, which again, when I was reading
- 23 through this in preparation for today, struck me, which
- I never thought about at the time, is I'm -- I have
- 25 a feeling she was only a month off her 16th birthday

- 1 when she came to Balnacraig. So to some extent I can
- 2 understand the police taking the attitude, she's over
- 3 16, she's an adult, there's no offence being committed.
- 4 In those days we didn't have the --
- 5 Q. The position of trust offence?
- 6 A. Having said that, it still -- it doesn't in my ... like
- 7 justify, it maybe explains why the police didn't take
- 8 action.
- 9 Q. It's still inappropriate?
- 10 A. Entirely inappropriate.
- 11 Q. Leaving the question of investigation by the police to
- 12 one side, I think you tell us in the report, and
- 13 I'll take this again short, that Mr SHH left
- 14 Balnacraig and went on to work at a school run by
- 15 Mr SGQ
- 16 A. Yes.
- 17 Q. Also you tell us that records from May 1992, I think it
- is, indicate that Mr SGQ gave evidence to a nursing
- 19 association of some sort following some complaint about
- 20 Mr SHH and that the complaint, as you understand,
- 21 was found not proven?
- 22 A. Mm-hmm, based on his evidence, Mr SGQ 's evidence.
- 23 Q. Moving on to deal with another complaint that you tell
- 24 us about. This one is a complaint in 1991. I think you
- 25 deal with this at page 109, but I'll just take it short

- 1 again, if I may.
- 2 This is a complaint brought by a parent who was
- 3 alleging inappropriate behaviour by an unnamed member of
- 4 staff. You weren't able to identify who was being
- 5 complained of?
- 6 A. No, or the name of the young person.
- 7 Q. Or the name of the young person, from the records, that
- 8 that information is not apparent?
- 9 A. Mm-hmm.
- 10 Q. The staff member in question was suspended?
- 11 A. Mm-hmm.
- 12 Q. There was an investigation by
- 13 Tayside Social Work Department, so there was a form of
- 14 external investigation in this case by the social work
- 15 department --
- 16 A. Yes.
- 17 Q. -- it wasn't just in-house?
- 18 A. Yes.
- 19 Q. The complaint, I think you have put it, that it was
- 20 found that the complaint had not been proved, but
- 21 couldn't be said to be false. It was a slightly curious
- 22 formulation.
- 23 A. That wasn't my formulation.
- 24 Q. No, no, you are taking it from the records?
- 25 A. Yes.

- 1 Q. Indeed, you tell us that the staff member in question
- 2 was allowed to return to work, I think, with their work
- 3 and performance being monitored or closely monitored,
- 4 whatever?
- 5 A. Yes.
- 6 Q. That was the extent of the action taken?
- 7 A. Yes. I mean, being careful about how I phrase this, but
- I do wonder in retrospect when I reread this, the degree
- 9 to which some of the collusion, with SHH and
- 10 with this individual, was that SGQ was prepared
- 11 to allow it, because if he brought it to the fore, he
- 12 might highlight his inappropriate behaviour. That's
- 13 pure speculation.
- 14 Q. Well, one can try and draw inferences as well, whether
- 15 they're permissible or not, that's for those to judge
- 16 who have to deal with that.
- 17 This again, I think, one concern you have is this is
- 18 another clear example of the governors of the day
- 19 handling the SHH allegations poorly and that,
- 20 in particular, perhaps failing to make appropriate
- 21 investigations at the time and knowingly allowing him to
- 22 continue to work with children at a school run by SNR
- 23 SNR . Would that put it in a nutshell
- 24 again?
- 25 A. Yes, just not to confuse the two, the first one,

- 1 SHH , was the one that moved, not this incident
- 2 in June 1991.
- 3 Q. Yes. Sorry, I thought I had moved on to SHH
- 4 Sorry, I should have asked you about SHH before
- 5 I moved on to the unnamed member of staff. You are
- 6 absolutely right though. What I've just said applies to
- 7 the SHH situation.
- 8 The final one that you tell us about is a member of
- 9 staff. This is more recent and by then, I think,
- 10 Mr SGQ was SNR the school. This
- 11 was in 2003/2004, is that right?
- 12 A. Yes.
- 13 Q. Was this KRK
- 14 A. I think so.
- 15 Q.
- 16
- 17
- 18
- 19
- 20 A. Yes.
- 21 Q. There does appear to be further allegations that were
- 22 surfacing by a third girl, is that broadly speaking?
- 23 A. Yes.
- 24 Q.
- 25

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1 2 3 A. 4 Q. 5 A. 6 7 8
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- Q. A general point you make, arising out of all these cases 9 that you've identified, is that there's nothing in the 10 11 records to show that the school or the governors took 12 any action to ensure that information about people like 13 SGQ , Cowling or Mr SHH was passed on to future employers. Indeed, in Mr SHH 's case, he seems to 14 have been supported by SNR 15 , because he obtained a job at SNR 16 school --
- 17 A. Yes.
- 18 Q. -- and continued to work with young people?
- 19 A. Yes. There is an element -- I mean, I would like to
 20 think a key part of my work as child protection
 21 co-ordinator was that if somebody came up who we were
 22 concerned about and they moved to a different area,
 23 I would routinely notify my opposite numbers in that
- I would routinely notify my opposite numbers in that area.
- 25 That doesn't seem to have been the -- I don't know

- whether it was a practice elsewhere, but certainly in
- 2 terms of the responsibility of Balnacraig, it didn't
- 3 seem to be a practice. I have to say, it wasn't common
- 4 practice even when I was doing it.
- 5 Q. Can I mention one other matter before I just round off
- 6 and I think you want to tell us about the position
- 7 before closure of the school.
- 8 A. Yes.
- 9 Q. Before I do that, and I can't remember if this is in the
- 10 report but I'll ask you about it and you'll tell me if
- 11 it is. I think there is some record of concerns on the
- 12 part of a staff member called Isobel Nicholson in
- March 1975 about methods of discipline and restraint,
- 14 what was being done to young people at that time.
- 15 Isobel Nicholson, I think, at least named, I think,
- 16 two individuals possibly in connection with this.
- 17 A. Without looking back, am I right in thinking she was
- 18 a student?
- 19 Q. I'm not sure now --
- 20 LADY SMITH: Isobel Nicholson, wasn't she a teacher?
- 21 MR PEOPLES: I thought she might have been a teacher.
- 22 LADY SMITH: Page 110, our numbering, if we go forward.
- 23 Under the heading, 'Appropriate methods of control', is
- 24 this what we're talking about?
- 25 'A letter of concern was written to the governors by

- 1 Isobel Nicholson, a teacher, in March 1975 ...!
- 2 Is that it or not?
- 3 MR PEOPLES: Yes. Sorry. Yes, it is. I'm grateful,
- 4 my Lady.
- 5 All I'm trying to bring out is there is a record
- 6 that a member of staff had concerns about restraint and
- 7 discipline --
- 8 A. Yes.
- 9 Q. -- at that time and, indeed, one person being named in
- 10 that connection was SNR of the day,
- 11 GHG , is that right?
- 12 A. Yes.
- 13 Q. Is it in any way clear what the upshot of that was, do
- 14 you tell us?
- 15 A. I can't remember, if I'm being honest.
- 16 Q. You tell us at 111 of our numbering that there is no
- indication on the records as to whether the restraint
- 18 that was being referred to was necessary in the
- 19 particular situation, but the teacher is suggesting that
- 20 it was excessive and maybe reflected the culture of
- 21 control at that time?
- 22 A. Yes.
- 23 Q. Is the concern that people who were in senior positions,
- 24 I think it's SNR and SNR of the
- 25 time, seem to be criticising the teacher for

- an unwillingness to control girls physically in
- 2 a certain way, such as by, is it, pinning down arms and
- 3 legs, if they were flailing, and sitting on the
- 4 offending girl, is that what the problem for them was?
- 5 A. Yeah.
- 6 Q. That she wasn't doing this?
- 7 A. She wasn't being abusive in that sense and she was
- 8 objecting to it.
- 9 As I say, Mr GHG and Ms Whaling were probably
- 10 coming up from the point of view that this is accepted
- 11 practice. I don't think it was accepted practice,
- 12 I don't think it was necessarily appropriate practice,
- and I think her complaint was legitimate.
- 14 My subsequent complaint is that if that had have
- 15 happened when I was Chair of the board, I would have
- 16 wanted a fuller investigation and that may have been the
- 17 trigger to say whether or not this form of restraint was
- 18 appropriate or this form of control was appropriate.
- 19 The board never did anything like that.
- 20 Q. Just before I move on to the last period, I'm conscious
- 21 of the time; at that stage was there any indication that
- 22 the board were being kept informed about individual
- 23 incidents involving restraint being reported to them on
- 24 a monthly basis, for example, and getting statistics and
- 25 figures? Was that happening though?

- 1 A. My recollection -- I think I have referred to this -- is
- 2 that they were fairly consistent post-1971 and before
- 3 1971, there were headmaster's reports to the board and
- 4 they were meeting once a month.
- 5 Q. How much information was he or she giving them?
- 6 A. The very fact that I've been able to record it, because
- 7 that will have come from a headmaster's report --
- 8 Q. Yes, not from an incident form or anything --
- 9 A. Not from an incident, because we don't have the records
- 10 that would have recorded what she was saying at the
- 11 time, but what would have been presented to the board
- 12 was that there had been this disagreement, this
- 13 complaint, and I can't remember how they resolved it,
- 14 but the board would have known.
- 15 Q. So it's knowledge, and it's knowledge, not just of the
- 16 deputy head and the head, it's knowledge that was also
- 17 passed on to the board and it appears there's nothing in
- 18 the records to indicate the board took any exception to
- 19 the criticism?
- 20 A. Yes. The other bit, just picking up on (Inaudible) is
- 21 that that seemed to come out of issues about supplying
- 22 children with alcohol and whatnot. So there was
- an extra dimension to what was appropriate in terms of
- 24 the care that was being debated.
- 25 Q. Lastly, I think you wanted to say something about just

- 1 the final years of Balnacraig and concerns and I'll let
- 2 you do that, because it's not in the report and I'm not
- 3 entirely sure exactly what you would like to tell us.
- 4 A. I think the thing is, and I've touched on it already,
- 5 there is a constant theme running right the way through
- 6 the report, and you've highlighted a number of times,
- 7 it's bad enough that some of these incidents are
- 8 happening, but there's been a systemic failure of the
- 9 board right the way through to address issues, to take
- 10 appropriate action, and it has raised for me issues
- 11 about how effective boards of trusts can be.
- 12 That was brought to light in Balnacraig's closure.
- Obviously I took over in 2018/2019, whatever it was, and
- 14 it was clearly evident, both in terms of the
- 15 unsuitability of the building as being a suitable
- 16 childcare establishment, and the sort of care we wanted
- 17 to provide and how we wanted to move on, which was to
- 18 small-group living.
- 19 The board blocked us all the way and they had
- 20 blocked my predecessor all the way. They were risk
- 21 averse, they didn't want to take chances, they didn't
- 22 want to have the risk of not getting referrals and the
- 23 transition and all the rest. And the trouble was,
- 24 because they failed to make decisions, when
- 25 eventually -- I basically gave them no choice.

I did a long paper pointing out the risks of continuing in the big house, compared with not doing it and the financial position, and the fact that, if we didn't sell it, we would go bust, our financial position was that precarious.

And eventually -- Alison said I bullied them into it, but I don't apologise if I did. A decision was made to sell. We put the property on the market and then, partly because of COVID, we had to stop taking referrals, or chose to stop taking referrals, and I think that was entirely the right decision. By the time COVID was over and we were ready to pick up again, the opportunity has passed. We had opportunities for sale which fell through at the last minute and basically we went bankrupt. We had to call in liquidators.

I'm in no doubt that had the board made the right decisions when they had the opportunity in 2017/2018, and had they understand why we wanted to make the shift from group living to small-group living, we would never have closed, but again it reinforces the bit that runs right the way through, about having boards that don't really understand the issues, even if some of these were teachers and social workers, they didn't really understand the business side as well as the care side and the result was that we closed.

- 1 MR PEOPLES: Thank you.
- These are all the questions I have today. As I say,
- 3 you have produced a very large and very helpful report,
- 4 obviously based on a lot of time and effort, so we thank
- 5 you for that and also thank you for coming today and
- 6 answering my questions and being patient with me at the
- 7 same time.
- 8 Thank you very much.
- 9 LADY SMITH: David, can I add my thanks and can I say also
- 10 that it's plain to me you've not only produced
- 11 an extremely helpful and detailed report, but you have
- 12 done your homework in advance of coming here today as
- 13 well, and it's been so good to hear somebody giving
- 14 evidence on that properly prepared basis.
- 15 Thank you.
- 16 A. Can I just add one slight bit. Today marks my total
- 17 retirement, because this was the last bit of social work
- 18 that I had hanging over me, so as of today -- unless you
- 19 want to call me back, which I'm happy to do.
- 20 LADY SMITH: Congratulations, and I hope it's a very happy
- 21 one.
- 22 A. Thank you.
- 23 MR PEOPLES: I wish you well as well.
- 24 A. Thank you.
- 25 (The witness withdrew)

- 1 LADY SMITH: We have a witness in person who I think should
- 2 be ready to give evidence at about 1.45 pm if I sit
- 3 then.
- 4 MR PEOPLES: Yes, I think we're happy to do that.
- 5 LADY SMITH: We should try and do that.
- 6 MR PEOPLES: Absolutely. That's perfectly acceptable.
- 7 LADY SMITH: Thank you.
- 8 (1.00 pm)
- 9 (The luncheon adjournment)
- 10 (1.45 pm)
- 11 (Proceedings delayed)
- 12 (2.00 pm)
- 13 LADY SMITH: Ms Forbes, a slight change of plan, I think.
- 14 MS FORBES: Yes, my Lady. There are now read-ins for this
- 15 afternoon.
- 16 LADY SMITH: Thank you very much.
- 17 Ian Watson (read)
- 18 MS FORBES: My Lady, the first read-in is from, I think, the
- 19 last applicant that we have to read in from Oakbank.
- 20 It's Ian Watson, he has waived his right to anonymity.
- The reference for his statement is WIT-1-000001075.
- 22 Ian tells us he was born in 1959 in Edinburgh. He
- 23 talks about his life before going into care from
- 24 paragraphs 2 to 8.
- 25

He tells us that his dad had been a prisoner of war in Japan and then came back to Edinburgh and was a soldier based at the castle. Then he met his mum and left the army and they moved to an area of the city.

Then his dad moved to work in that area on a farm and that's where he born. He grew up right next door to the farm and worked on the farm when growing up.

Ian says life at home was okay, they never had much but the family did okay. He went to primary school and then in 1969, when he was nine, his dad had a heart attack in front of him and died and he was the only one in the house when it happened.

When he went back to school afterwards, he couldn't concentrate and was having problems reading and writing at school and was getting bullied. He started skipping school. The social work became involved and I think at that time, had pretty much taken over looking after them, as his mum was struggling.

He ended up in front of a children's panel and he went to a few panels. It was decided he should go to a particular school, which he says was for disabled people, and that didn't work so they sent him to another one, which he would have to get his own way there on the bus, which he didn't do half the time.

He was then back in front of a children's panel and
was sent to an assessment centre. He tells us that he
was asked at the time why he was skipping school and he
couldn't tell them at the time.

He says he didn't do anything criminal when he was skipping school, but he was taken to

Howdenhall Assessment Centre. This was when he was aged

12, it was about 1971 or 1972.

Ian talks about Howdenhall between paragraphs 9 and 51. That part of his evidence hasn't been read in before, it's for a later chapter, but he does tell us a little bit about some abuse that he suffered there. He was physically assaulted and ridiculed for bed wetting. There was never enough food. Part of the punishment there was to be hungry. There were physical assaults from staff and emotional abuse and this relates to something that happens later when he was at Oakbank; he lost two front teeth after an assault from staff at Howdenhall. He talks about corporal punishment on the bare buttocks with a belt, a prison-like cell room for a punishment after running away, being put in there naked with a mattress and only a blanket.

He would have to strip in front of other boys. They were given boxing gloves and made to fight. A PT teacher there tried to sexually assault him and he knew

that that individual did it to other boys, as they
talked about it. Also, that staff member would come
into the bedroom at night and try to touch him and
others and he saw boys doing sexual things to each other

in the showers.

He was in Howdenhall for two or three months and then he was moved to Oakbank and he was told that morning that he was moving. He talks about Oakbank from paragraph 57 onwards. Oakbank was a secure school, he tells us, and he talks about the layout and the dormitories in the following paragraph.

At paragraph 60, Ian says that he was in Scott House at the start and much later on moved into a unit at the back of the school. His housemaster was called Mr Campbell and he says at paragraph 61 at the end:

'Life in Oakbank was scary and that was because of the behaviour of the other boys and the staff as well.'

He then talks about the routine at Oakbank between paragraphs 62 and 66 and he talks about the communal showers, that could take between 15 and 20 people. This is at paragraph 62. He was given clothes and told to strip to go into the shower. At paragraph 63 he says:

'When I was in the shower the member of staff I was with went away. Then some boys who were residents came into the showers. There was four or five of them. They

1 asked me where I came from and I told them it was

2 Edinburgh. They all started spitting on me. It was

3 like the gangs of Howdenhall and this time it was gangs

from the different cities. The boys from Dundee stuck

5 together and the Aberdeen boys stuck together.'

He then talks about his first morning, paragraph 65, and says that he got up and went downstairs and didn't know what to do. He says:

'We sat in the area for our house. I sat down at a table because there was a space. A boy sitting at the table kicked me on the shins. I hit him over the head with an empty plastic tray. It was just temper at the time. I got put on a table by myself and that's the way it stayed for the time I was there. I was at a table on my own and I was in a room on my own.

'I'd already been through the bullying in the assessment centre and I wasn't going to take it any more. I wasn't punished for this. I was taken away by my housemaster and told not to let that happen again.

I found out later that the boy I'd hit was the biggest abuser and bully of kids in the school. I worked that out as time went on and I could see what he was doing.'

He goes on to more about routine and says that they

had to stand on parade in the different houses, stand at attention and at ease. The clothes were inspected and

- they had to be clean and shoes polished and that they
 would march from the play ward to the dining room.
- 3 At paragraph 68, he says:
- 4 'The first night I was in, one of the boys jumped
- 5 over the wall and landed on me and starting fighting me.
- A member of staff came up and I was the one who was
- 7 standing up out of bed so I got the blame for it. They
- 8 put me in a single room that was in the middle, and I
- 9 stayed in that room all the time I was there. It kept
- 10 me away from everybody else. I didn't have a door to
- 11 the room. It was just a curtain.'
- 12 He then talks about the routine at night and says at
- 13 bedtime they went upstairs about 9 o'clock, with showers
- 14 being at 8.00 pm and you had to say your number and you
- 15 got a change of clothes made up for you in a wee pack
- 16 and then you handed your dirty clothes back in.
- 17 He says, at paragraph 70, that he continued to have
- 18 problems with bed wetting whilst he was there.
- 19 At paragraph 73, Ian says that he thinks clothes
- 20 were changed every second day, certainly the underwear
- 21 was every second day.
- 22 At paragraph 74, he talks about the schooling and
- 23 says:
- 'There were five or six classrooms. After breakfast
- 25 you went to the classrooms. They found out my

- 1 capabilities and I got moved to another classroom.
- 2 There was a teacher to help with problems with reading
- 3 and writing. It didn't do me any good as I came out
- 4 with the same issues I went in with. The school
- 5 recognised I had issues and told me there was a special
- 6 teacher who would help me, but it didn't work. The
- 7 teacher had his hards full and there were too many other
- 8 people in the class causing trouble.'
- 9 In relation to work or chores from paragraph 76, Ian
- 10 says:
- 'We had to go to work in the afternoons in the paint
- shop, the gardens, the joiners or the engineers. They
- 13 called it going to your work party. I had no choice in
- 14 what I did. They told you what you were doing. I was
- 15 always in the gardens or greenhouses.'
- 16 He talks about an old gardener who had been there
- 17 for years who was all right, he says:
- 18 'It was teaching us a trade. I enjoyed it and it
- 19 meant I got away from the classrooms.'
- 20 He then talks about after work and he says that
- 21 later, everyone would be in the play ward until about
- 22 4 o'clock and then everyone would be shouted on parade
- 23 to be counted before going along to the dining room for
- 24 tea. They were told they had to keep their own space
- 25 clean.

- 3 'There were day trips now and again.'

- He says was at Aberdeen University at the time and sometimes she used to come up and take him out to the pictures and he says the school had a house where they stayed sometimes in the summer holidays and he only ever stayed there at weekends. They used to help in the forest with the fallen trees and help to pile them all up to be taken away. That was part of their payment for the weekend and it was hard work.
 - In relation to leisure time, he says at paragraph 81 that after tea time they'd leave the dining room and go back along to the play ward, or there was a bit outside where they could go and he says:
 - 'If you smoked, you got a cigarette. I didn't smoke, but I started to at Oakbank. You had your own tin that was kept in a box with everybody's tins. You got five fags a day. Everybody in the school smoked, so I started when I was 13 to fit in.'
 - He then says that later you were taken back to the play ward and there was a games room, TV room and snooker room and that the older boys ran the snooker room.
- 25 Ian says that when they moved from one area to

another, that they were always escorted by a member of

2 staff. He talks about boys being able to play football,

3 but they needed two members of staff to take them to the

football pitch. If there wasn't enough staff, you

5 couldn't go outside.

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He says at paragraph 85:

boys at the weekend.

'They used to take us away to the Balmoral estate to do grouse beating. We were dragged out of bed early in the morning and given special clothes. Only 16 of us did it. This was after I turned 15. The school got

He says that at the weekends, if you weren't going
home, you were locked in the school. You could be in
the play ward, there were boardgames to play and you
could use the snooker tables, as there wasn't so many

paid for this work. We didn't get anything.'

He says that there wasn't always a member of staff in the play ward and as soon as it was empty, that's when a boy could get hold of another boy if they wanted to.

He talks about there being a tuck shop where you could spend your allowance. He says that birthdays weren't celebrated, but they did celebrate Christmas and that he got to go home once at Christmas in 1974, but he wasn't allowed to go home at other Christmases because

1 of his behaviour.

- After a certain amount of time at Oakbank, you were
 allowed to go home at the weekends. He talks about that
 from paragraph 89. He says that his mum came up once
 and he was able to speak to her and he got a chance to
 speak to her on his own without a staff member being
 present.
- 8 His social worker never came to see him at Oakbank
 9 after he dropped him off there and he doesn't remember
 10 anyone from outside coming to look at the place.
 - At paragraph 93, Ian talks about having to go to see the dentist when he was at Oakbank because he lost both front teeth. He had reported the problems with his teeth as soon as he got to Oakbank as they were sore.

 He eventually got to see the dentist and it was an outside dentist who came in and he pulled his teeth and left him with a gap.
 - In relation to running away, Ian says at paragraph 95 that he ran away the first weekend he was there. He was gone two days. He was sleeping rough and he was hungry and he had been away with four other boys. He got punished when he went back and he was told he wasn't going to get home and he would have to wait longer.
- 25 At paragraph 96 he says:

'I got a few slaps and that was from the teacher who

picked me up, I phoned the school and told them where

I was and they came to pick me up. When I was getting

in the van, he hit me on the back of the head and said,

"Do you know the money you've cost this school? The

police are looking for you as well".'

He goes on:

'When we got back to the school, one of the other staff kicked my legs when I got out of the van and told me I wouldn't be doing that again. He was the teacher who was with us in the park when we ran away. He pulled me into the school and stuck me outside the headmaster's office. When I saw the head, he told me it would be longer before I got to go home. I wasn't physically punished at that time. That was the only time I ran away.'

Ian says you could be punished by not being allowed to go to certain places and not getting to do certain things that were going on that day, not being allowed to play games or watch TV for maybe three days or three nights.

At paragraph 98:

'There was physical punishment as well. That came later on and some of it was brutal.'

25 He says at 99:

- 1 'Discipline normally consisted of withdrawal of 2 privileges by the school, such as visits home at the
- 3 weekend.'
- 4 He comments that they didn't use the belt like they
- 5 did at the assessment centre.
- 6 At paragraph 100, Ian says:
- 7 'I felt Howdenhall was worse than being at Oakbank.
- 8 Oakbank felt like a break away from it until the
- 9 problems started there as well. It was mostly other
- 10 residents that were the problem and some of the staff.
- 11 It wasn't all of the staff and some of them you could
- 12 talk to and they'd do something about the problem you
- 13 had. Some of them you talked to and then something bad
- 14 would happen to you as a result.'
- 15 Ian then talks about abuse at Oakbank from
- 16 paragraph 101:
- 17 'There were a couple of incidences in the shower
- 18 room. Two older boys took me in the shower room and
- 19 told me to undress and they pulled my clothes off me.
- 20 They wanted me to do sexual things for them, which
- I wasn't going to do. They ended up punching and
- 22 kicking me and a teacher was standing watching at the
- 23 door laughing and did nothing about what they were doing
- 24 to me.
- 25 'I went to tell my housemaster, Mr Campbell, and it

was looked into within the school and nothing ever came
of it. They asked the PE teacher if he'd seen anything
and he said he hadn't, but really he had because he was
standing right at the door. The police weren't
involved. The staff called me a liar. After that,
I wished I'd never said anything because it wasn't
pleasant after that, the way I was treated by the staff
and the other boys. When this happened, I'd only been

and the other boys. When this happened, I donly be

9 at Oakbank for four or five weeks.'

Going to paragraph 104 Ian says:

'The night staff used to wake me up to change the bedclothes in the nighttime. It was the same member of staff, the one who stood at the shower room door and laughed. He did night shift. It wasn't just me he did it with. As I was in the middle bedroom, if I moved my curtain, I could see right down the corridor and I used to see him moving about the different rooms at night. He was in those rooms for a while and he wasn't just going in to check on them. Some of the boys knew what he was doing.

'I reported him to my housemaster and I thought
I was doing the right thing. I found out afterwards it
wasn't the right thing to do. He turned round and said
the reason why he had his hand under my cover was to
feel if the bed was wet. He wasn't feeling the bed, he

- was feeling me. I reported him and got called a liar.

 Back then, he was probably in his 30s, quite tall. He

 was Aberdonian. He had dark hair and a moustache and

 the residents used to slag him about it because it was

 wispy. He was always loud. He used to take us

 sometimes for gym and he was the one who took us to the

 big area at the back of the school that was asphalt and

 we played football there. He used to shout at us. If
- we played football there. He used to shout at us. If

 you took the ball off him, you got kicked or punched, so

 you didn't tackle him.

'The night after I reported it to the housemaster, the night staff member came into the room and told me I was a troublemaker and I should keep my mouth shut or he'd get me taken care of. I ended up getting another hiding the next morning in the play ward from [he names a particular boy] and another few boys. The staff used to run them like that, like they were their guard dogs and told them what to do and stand back and watch it.'

He says that the man used to continue to go into boys' bedrooms at night after I'd reported it to Mr Campbell. I think Mr Campbell also spoke to other boys because he'd questioned the boys who were in the shower room that time when I got battered. They just denied it.

I got taken to the hospital once after I got

a severe kicking from the boys in the TV room. They bust my shoulder and my arm. A couple of days later, the older woman in the medical room, called Ma, saw me and took me to the doctor. The doctor then sent me to the hospital and I got an x-ray. I ended up with my arm in a sling for a while. There was a local doctor who used to come into the school. I can't remember his name.

'The doctor and the hospital staff asked me how
I'd been injured and I was told to tell them I'd fallen.
That's what I was told to say by the staff member who
took me to the hospital. That staff member was always
present when I was seen. That member of staff didn't
see me get injured, but he knew how it happened.

'What had happened was I'd walked into the toilet room, there were toilets at the side of the showers.

The same two older boys had another younger boy, who had just arrived at the school from Edinburgh, and they had him in tears. They had him down on his knees and carrying out a sexual act on the boy [he names him]. He was always doing that with younger boys in the school and he always had these two other boys with him. When I walked in on them, they turned on me and beat me up. I told a member of staff at the time what had happened, that I got a doing. I never told them what I saw the

- boys doing. That was the member of staff who told me to say at the hospital I'd fallen.'
- Ian then talks about leaving Oakbank and he says he

 was there until he was 16. Before he left, he moved

 into what they called the unit and he says there was

 a man there called HYV and he'd been a boxer at

 time and he was ex-army as well. He says at

 paragraph 110:
 - 'He was quite ruthless. He used to shout at you and send you back if your shoes weren't polished right for the morning. You had to leave your shoes out at night and polished ready for the morning.

'He used to inspect them and then shout you through and take you into his wee room where the shoes were. If your shoe wasn't polished enough, he'd pick it up and whack you in the face with it. He'd say you're lucky, it's only one of them. If it was the two of them, you'd get two hits in the face. He thought it was funny.

Seemingly he'd been in the school for a few years.'

Ian says there were older boys in that unit, he calls it the Watson unit at Oakbank. He says there was no real preparation for life on the outside, like learning how to cook and the preparation just seemed to be about getting your shoes polished.

Paragraph 113, Ian says:

'I was at home on leave for two weeks before I was getting out of Oakbank. I didn't go back. I told my mum I had a big bruise on my back at the time when I'd been battered by older boys just before I went on leave. I showed my mum and she knew. She could tell if I was lying or not. I told her some of the stuff that had been going on. She got into touch with the school and they told her that I'd fallen. They said I went to hospital and I didn't go back.'

He says he managed to stay away then until the day of the panel. He says that that was in September 1975. He had already turned 16. He says he didn't tell the panel what was going on at Oakbank. He just told them he didn't want to go back and the panel decided to let him go back to his mum's.

Ian then talks about life after being in care from paragraph 115 and he says after the hearing, he walked round the corner with his mum and got himself a job.

His mum took him to the plumbers and told him to go in and ask if there was any work going, but he ended up getting a job delivering furniture. He did that for two or three years and stayed with his mum.

He still had a social worker who came to see him at his mum's house and he told him about Oakbank and he says that eventually he faded away. He doesn't know

what happened. He said he tried to make the most of what he had. He didn't have a good education, he couldn't just pick and choose what kind of job he did, he took what he could get. He did end up getting involved with drugs and ended up in prison. That happened for a while and he was getting into trouble, committing crime. He didn't get involved in any violence, he says, but he was in trouble for stealing and fraud and he ended up an alcoholic and taking drugs.

Ian says he's had a few different jobs in the restaurant and hotel trade and he trained as a chef in his early 20s and he did that for a number of years. He then met his now ex-wife when he was 22 or 23 and they had two children together and he says he now has three grandchildren.

He says he went to work at Balmoral in the back of house and ended up as a day shift there and then ended up getting a permanent job there, which he didn't want but the money was good, but he found it hard and stressful.

He was working in the building trade and learned plastering. He says though that in 2008, this is at paragraph 122, he was walking his dog in Edinburgh one day and his dog brought back a bat in his mouth that he thought was dead. The bat wasn't dead and bit him on

the hand and he ended up becoming very ill and he ended
up in a coma for four months and developed septicaemia.

This led to him having both legs amputated below the
knee and he now has prosthetic legs and an electric
chair for getting around and that has meant he's been

He says he had PTSD and that's related to his experience of being so seriously ill.

unable to work.

In relation to impact, Ian talks about that from paragraph 124 and he says that his experiences in care took a lot away from him and he missed out on a lot,

At the end of paragraph 124, he says:

'Howdenhall and Oakbank didn't address the issues

I had with reading and writing. At that time I'd never
heard of dyslexia. I've never been formally diagnosed,
but I've been told by a teacher.'

Ian says he wanted to join the army at 16 and they wouldn't take him when he told them he'd been in a List D school and he says his time in care has affected his ability to trust people. He says he eventually stopped wetting the bed but not until after he left Oakbank and he didn't do it again afterwards.

He thinks his bed wetting was something to do with the fear he felt at Oakbank. He was always watching and

- 1 waiting for them coming and he remained that way.
- 2 He says at paragraph 129 that people found out about
- 3 where he'd been and he felt ashamed and he says he told
- 4 his ex-wife about what happened to him in Oakbank and
- 5 she used to call him queer.
- 6 Ian says at paragraph 131:
- 7 'I shouldn't have been put into a List D school.
- 8 I should have been left with my family and given some
- 9 help by my school.'
- 10 Then he says later in that paragraph:
- 'I felt going to Oakbank was me being punished for
- 12 something I hadn't done.'
- 13 Later on at 'Lessons to be learned' at
- 14 paragraph 135, he says:
- 15 'Children should get help to stay at home so they
- don't have to go into the kinds of places I went to.
- 17 There needs to be more awareness of dyslexia and how to
- 18 help children in school with it.'
- 19 At paragraph 136, in relation to 'Hopes for the
- 20 Inquiry', he says:
- 21 'I heard about the Inquiry and what it was involving
- 22 and I thought if I came forward to tell them about my
- 23 part in it, maybe somebody else will come forward and
- 24 tell the Inquiry about the same thing. It might help
- 25 find the people who abused children and get them

- 1 arrested for what they've done and I can get on with my
- 2 life. Perpetrators are not getting away with so much
- 3 now, as they're not getting left alone with children
- 4 like they used to.'
- 5 Then Ian has made the usual declaration and he has
- 6 signed his statement and I think it's dated
- 7 12 September 2022.
- 8 LADY SMITH: Thank you.
- 9 'Mari-Anne' (read)
- 10 MS FORBES: My Lady, the next statement is from an applicant
- 11 who is anonymous and is known at 'Mari-Anne'.
- 12 The reference for her statement is WIT.001.003.0677.
- 'Mari-Anne' tells us she was born in 1967 in
- 14 Aberdeen and she says that she has one sister and four
- 15 brothers and she's the oldest. When she was a baby, her
- 16 parents moved from one place in Aberdeen, where they
- 17 stayed with her grandmother, to another area in
- 18 Aberdeen. She says that from photos she has, it's clear
- 19 that she was a happy kid when she stayed in the second
- 20 place. She says some of her memories are happy ones,
- 21 but they didn't have a lot.
- 22 At paragraph 6, 'Mari-Anne' says:
- 'If ever anything happened to any of us children,
- 24 mum would just panic and start screaming. She made
- 25 things worse and she made me fearful.'

She talks about her mother being bullied by the neighbours and that the neighbour across the road wanted to beat her mum up at one time. She says that she got into some scraps and fights when she was young and if she didn't win, her dad would make her go back out and it was his way of teaching them to be tough.

She went to her first primary school and she talks about the fact that she dressed herself and she could see that from a school photograph, where she has her nightie on underneath.

She says that they were really poor and that her dad had jobs but then had an incident at worked and injured his back and could no longer work and that he changed after that accident and he was put on painkillers, he started drinking, he became violent, and he wasn't a good provider.

She and her mother didn't really ever have a bond and she says that they moved to another address in Aberdeen when she was about eight and that her mum loved to change houses. She was moved to a different school and she started having a lot of problems at school. She was bullied there by particular people, who she names.

She then talks about the fact that when they had this move they were closer to her mum's family, including a particular aunt who she was close to. There

was another aunt who had a daughter, who was only four days older than her, and she was close with her. They would go to school together.

This aunt had married a man and she says she has since learned that he was sexually abusing children and she talks about at paragraph 17 an evening when she was nine, when her mother had gone to the bingo with her aunt and she had gone to see her cousin, and she was shouted through to the bedroom by her uncle and when she went through, there was what she's describing as sexual abuse happening with her cousin.

She describes some things that happened there in those paragraphs. I won't read them out, but she says that after that, she got up and ran to her parents and she just had her vest and underwear on when she got back.

She told her parents and after that there were issues with that and they weren't believed and her cousin had lied and said that nothing had happened and she says thereafter that her auntie, who was married to that man, had cursed her and told her that she was an evil witch for telling lies.

She started truanting from school, she was still getting bullied at that time. She says that these girls would take her to the shops and make her steal clothes,

but she got caught and the social work then got involved and she told her social worker about what had happened with her uncle, but she called her a liar and when she told her she was being bullied, she also called her

5 a liar.

She says at paragraph 25 that there was a time when her social worker got annoyed with her, grabbed her, shook her and said, 'Why do you fucking lie?'. She says that wasn't the first time she swore. She was just aggressive.

She doesn't know how many Children's Panels she went to, but she says that from records she's recovered, she was placed under a supervision order at a Children's Panel hearing on 7 December 1976, following charges of theft and truancy.

She then says that she had just turned 11 and the social worker arranged to have her put in care. She said she doesn't really know why and the social worker told her it was because she was a liar and she thought part of the reason was because of what she said about what her uncle had done and she felt like she was being punished for telling the truth.

'Mari-Anne' then talks about Balnacraig from

paragraph 28 and she says she was put there in 1978 when

she was 11. She knows now that it was a List D school,

-	but she didn't know that at the time and that Bainacrai
2	to her as a kid was scary, it was huge, and looked like
3	a green castle with a long creepy dark road leading up
4	to it.
5	At paragraph 30 'Mari-Anne' says:
6	'Mr SGQ Was SNR and had
7	a house in the grounds
8	
9	sometimes you could hear him battering his partner
10	, who he lived there with. He would go to the
11	pub down the road in the evenings, come back, and you
12	could hear screaming as he battered her.
13	SNR was Mr GHG and he was harsh,
14	although I have no recollection of him hitting me.'
15	She then talks about the fact there was a lot of
16	staff, some males, but mainly females, and then she
17	names some people who were involved in cooking as well
18	as being staff.
19	She says that Balnacraig was only for girls and the
20	only boy they saw in the place was Mr SGQ 's son, who
21	came to visit sometimes. She says she doesn't know how
22	many girls were there, or what their ages were, but she
23	was the youngest there.
24	At paragraph 32 she says:

*SGQ actually said something about my age when

I arrived, because I don't think girls my age were
normally accepted.'

She says that she doesn't think she should have gone to Balnacraig because of her age, but she found out later that her aunt, the one who was married to the man who had been involved in the sexual abuse, had arranged it with her social worker behind her back and she says her cousin had gone to Brimmond and that she thinks she should have gone to Brimmond too, but her auntie made sure that she was going nowhere near her daughter.

At paragraph 34 'Mari-Anne' says:

'At Balnacraig we were always told we had to behave like ladies. We had to eat and dress in certain ways and we weren't allowed to curse. It was all very ordered.'

She then talks about arriving at Balnacraig and the first day from paragraph 35. She doesn't remember what time of day or what time of year it was but she remembers being scared. She was taken into Mr SGQ office and he had a big fancy desk with a fireplace across from it and a wee patio area outside. Her social worker was there and she says at paragraph 36:

'My social worker [she names her] was there too and I had to sit down and listen to all her lies about me. She told Mr SGQ I was out of control and not to

- believe anything I told him. In the car on the way
- 2 there, she had already said the same thing to me. She
- 3 had called me a little liar and said that she was glad
- 4 to get rid of me.'
- 5 She said that she was shown to her dormitory, which
- 6 was dorm A and she was told that her dorm was haunted.
- 7 She then describes there being four or five beds in
- 8 her dorm and they all had a single bed and a wardrobe
- 9 and she was scared to sleep because she thought the dorm
- 10 was haunted. She used to cry in bed at night.
- 11 She then talks about some of the routine and says in
- 12 the morning they would be woken up, they had to get
- 13 washed and dressed and into their uniform for school and
- 14 then they would go down and get breakfast before going
- 15 to school.
- 16 When their bedding had to be changed, they had to
- 17 strip their sheets off and then they had to make their
- 18 bed up again and they were taught how to make the bed
- 19 properly. It to be made exactly as they were shown,
- 20 a bit like being in the army.
- 21 She then goes on to talk a little more about routine
- 22 and then down to meal times and food.
- 23 At paragraph 42 onwards, she talks about there being
- 24 a big dining room that all the girls ate together in.
- 25 At paragraph 43, she says:

'There were six or eight girls at each table and we

were told where to sit. Some of the older lassies

always sat at the same place and we younger ones weren't

allowed to go near their table or we would get

a battering from them. I learned quickly that I had to

keep quiet and I just sat wherever was free.

'We were taught to be a lady at every meal by all the staff. We had to sit upright in our chairs and there could be no elbows on the tables. If you were caught with your elbows on the table, a member of staff would slap them off.

'All the tables had to be laid in a certain way, with teacups upside down on saucers and teaspoons at the side. Plates had to be upside down as well, with a knife and fork laid at the side and in the middle of the table, there would be a jug of milk.

'We weren't allowed to eat with just a fork. We had to use a fork and knife. I used to get into trouble because I always just wanted to use a fork. If I was caught just using a fork, I would be put out of the room and I wouldn't eat because I wasn't being a lady and I wasn't doing as I was told.

'I don't remember there being anything wrong with the food. To me, food was a luxury because I'd never been fed like that at home. If someone didn't like what

- they were given, they would have to stay at the table
 until they did eat it. Some of the girls would pass
 what they didn't want to a black girl who was known as

 [she gives the name].
- 5 'There was always a staff member at a few of the 6 tables and there always seemed to be one at the table I sat at. If they saw someone pass food to [she names 7 8 the same girl] they would get put out of the room and it would be reported to SNR , Mr SGQ 9 10 But I don't think there was any further punishment at 11 that time, I don't recall any harshness in the dining 12 room.'
 - 'Mari-Anne' then talks about washing and bathing and says that she had a shower or bath every morning because she wet the bed.
- 16 She says at paragraph 49:

washing myself properly.'

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- 'Usually we washed ourselves, but one time I was
 scrubbed down in the bath by one of the female staff.

 I don't remember who it was, but they said I wasn't
- 21 She then talks about the uniform for school which 22 was a navy skirt and jacket, which Balnacraig supplied. 23 She says:
- 'I felt like I was rich because when I got there,

 I got all this new stuff.

'I came from a very poor family and I didn't really
have appropriate clothing, but when you're accustomed to
being poor, you don't really know the difference.

Within a week of me getting to Balnacraig, I was taken
into town and it was like Christmas. I was allowed to
choose what clothes I wanted as long as the staff

Paragraph 52, 'Mari-Anne' says:

thought they were appropriate.'

'I also had to get my hair cut, even though I didn't want to. I had long hair when I arrived and I was taken to a hairdresser in Perth and it was all cut off.'

She talks about the girl that she mentioned who has the nickname ' and then her name, stole the majority of everyone's clothes and she says she doesn't know why because they wouldn't have fit her.

She goes on to talk about leisure time from paragraph 54 and she says that they sometimes had good fun in the rec room, especially if there was no staff around. A few girls were into the Bee Gees and some older girls taught her how to do the dance moves.

She then says that there were games in the rec room and she says she doesn't think anyone was interested in reading books, even if there had been any there. Staff would take them into a forest at the back of the main building for a hike sometimes.

1 She says at 57:

'It wasn't always bad at Balnacraig. We were taken to different activities in the evening, mostly in Dundee. A van load of us would be taken swimming and I was also at judo in Dundee. I remember I got up to a yellow belt.'

She remembers going to a disco in Perth when she was 12 and that she actually had good fun and other girls and older girls helped her to get ready. She had never worn make-up before.

She says at paragraph 59 that at the disco she met a boy, who became her boyfriend, and all the other girls had boyfriends at the school that the school didn't know about. She says that afterwards, when this boy and his friends came to Balnacraig, they all got caught. Her and another girl were speaking to them from a window before they snuck out the back for a kiss. When the boys got caught, it was stopped and she never saw the boy again.

She says she doesn't remember what punishment they got, but she knows they would have been reprimanded. Sometimes she would be the only one at Balnacraig over the weekend and she used to have to spend a lot of time with Miss GHF, a staff member, and she said that she took her to see Neil Diamond at the cinema, but that

1 wasn't for 'Mari-Anne', it was for Miss GHF.

2 She says there was also a sports day once a year, 3 with the usual types of races.

She then goes on to talk about trips and holidays and says, from paragraph 63, they never went anywhere on holiday other than swimming and going to judo. They went to a Rabbie Burns Night at a home for boys called Balgowan in Dundee. She said they must have hired a bus to take them because there was no minibus at Balnacraig.

She says that when she got there, a boy ran up and hugged her and it was happy because it was her cousin and he told everyone that she was his sister and they got to sit next to each other.

She goes on from paragraph 65 to talk more about the school and its layout. She remembers a sewing room that she enjoyed. She remembers being taught how to cook and bake cakes. They put on 'Oliver Twist' for the Lord Provost of Perth on one occasion and she says that when she got out of Balnacraig, they were in the middle of doing 'Joseph and the Amazing Technicolor Dreamcoat', but she never got to finish it.

Going forward to paragraph 73, she talks about work and she says that they had to set the tables before every meal and do all the dishes afterwards and they took turns doing that.

- In relation to visits, at paragraph 78 she said that
 when her dad did come and see her, she never got
 a chance to speak to him on her own. There would always
 be staff there. She says:
- 5 'My dad would ask me if everything was okay, but
 6 I could never speak properly to him.'
- She thinks her social worker came to see her once or twice. She doesn't remember any inspections and she did go to a few Children's Panels whilst she was at Balnacraig, she doesn't know how many. And that her dad and her aunt that she was close with, were always trying to get her back home.
 - Then eventually her aunt became her legal guardian and that her mother never came to any panels.
 - In relation to siblings, at paragraph 83 she talks about the fact that there was always friction between her and her brother and he says that if it wasn't for her, he wouldn't have been so tough and that she had had a hardness instilled in her from the beatings that she got from Mr SGQ and from the fights she was involved in with other girls.
- 22 She says at paragraph 83:

'I was standing up for myself, fighting and beating other girls and even though I was still wee, I started putting a wall up and I didn't trust anybody.

- 1 I remember battering my brother [who she names] when
- I went home at 13. I didn't feel guilty and that's
- 3 bad.'
- 4 In relation to family contact, at paragraph 87 she
- 5 says if she didn't get home at the weekend she used to
- 6 get phone calls from her family but they were too hard.
- 7 She just wanted to go home and felt like she was on the
- 8 other side of the world. If they weren't being
- 9 punished, they could go home once a fortnight at
- 10 weekends, but she was punished a lot for running away,
- 11 so she only got home very occasionally.
- 12 When she did get to go home, she was just put on the
- 13 train at Perth by one of the staff and then somebody
- 14 would be waiting in Perth when she came back. There was
- no staff on the journey. She describes the situation in
- 16 the following paragraphs in relation to that.
- 17 Going forward to paragraph 98, 'Mari-Anne' talks
- 18 about running away and says:
- 19 'If anyone ran away from Balnacraig they were stuck
- 20 in blue overalls and slippers when they came back and
- 21 they weren't allowed to go home for a visit. You always
- 22 got a hiding from Mr SGQ as well.
- 23 'I started running away within the first year I was
- 24 there and I was always running away after that. There
- 25 was one period I never got to see my parents for four

months as a punishment. I kept clothes under my bed so
that I could run away again until the staff found out,
so the next time I just ran away in the blue overalls.'

She talks about who she would run away with and the things that they would do when they ran away.

She says at paragraph 102, after they'd been caught and been taken back by the police:

'To start with when we got back, it was just [she names two girls] that got hit by Mr SGQ for running away because I was still little. As I got older though, I got it too. He was a grown man and we were just kids, but he would grab us by the hair and punch us about the body.

'After that, we would be sent to our rooms and told we had to stay there. We weren't allowed to go to school or the rec room, because the rec room was a privilege. All our clothes were taken out of our wardrobes and we were given the blue overalls, underwear and slippers to wear.

'You had to wear that blue overall for weeks afterwards and everybody would know you'd run away. You weren't allowed to interact with anyone. You had to stay in your room. I think the only thing we did get was a book to read. I used to stand at the window and cry.'

1 About bed wetting, 'Mari-Anne' says from 2 paragraph 105:

'I never wet the bed when I was at home. I was a happy kid, and yet, when I first went to Balnacraig I did. I used to get embarrassed by the staff. I can't remember who, but Miss GHF was one of them. They would make you take your sheet off the bed and take it through to the bathtub and wash it by hand. It was embarrassing because all the other girls would see you carrying it through and they would know what you'd done. I was only wee and I couldn't wash it, but I was made to, even though there was a washing machine.

'As well as being embarrassed, you would get hit by whichever member of staff was there. I don't remember Ms GHF hitting me, but the ones that did would give you a slap across the back of the head or something like that. At the time I just thought it was bad to wet the bed and being treated like that was normal. I stopped after a year-and-a-half of being there.'

'Mari-Anne' then talks about abuse at Balnacraig from 107:

'Mr SGQ was awful handy at grabbing you by the hair and punching you. I was punched by him many times and I saw him punch other lassies too, sometimes in the mouth. He always used a closed fist when he hit us.

I don't think I ever saw him slap someone.

'I learned very quickly not to say anything if an older girl gave me a battering. I was in SGQ office one time when a girl came running in shouting that I had taken her black cord trousers. I had taken them and I would have admitted it, but it was the first time I experienced Mr SGQ and I told him I hadn't.

'The girl had long curly hair and before I knew it,

grabbed the girl by the hair and bashed her head

off the wall. Then he punched her in the face, right in

front of me, just for shouting. I could see the girl's

mouth was burst and her lip was bleeding.

'He asked me while he had the girl pinned to the wall whether I had stolen the trousers, but I was never going to admit I'd taken the trousers after I saw that. I thought he would do the same to me and, shame on me, that was the one time I did lie. I couldn't believe what I'd seen, but then I became accustomed to it and then it started happening to me.

'Wherever girls were caught fighting with each other, Mr SGQ would make us put on boxing gloves and box each other. He would line all the girls up around the room and the rest of the staff would be there as well and we would have to punch each other until he told us to stop.

'I have a recollection of a belt being used by

GHG SNR but I can't remember who and

I can't remember if I got hit with it. I do remember

him twisting my arm, but not hitting me with the belt.

'I was scared of Mr GHG but I don't know why,

because I don't remember getting hit by him. He used to

like us to sit on his knee and I don't understand why

I would have done that, after what happened to me before

I went into Balnacraig. I remember I was in his office

with another two girls and I was sitting on his knee

laughing. That's not normal. I have no recollection of

12 anything else that might have happened though.

'When I was about 14, a girl [she gives a nickname] came into my bed one night. I don't know what her proper name is, but I've got a photo of her. Everybody in the home, even the staff, just called her [and she mentions her nickname].

'She was about 15 and she was in the same dorm as me. She touched my chest when she came into my bed and I knew it was wrong, so I pushed her away. I made such a scuffle that one of the staff came and put the dorm light on. I don't remember which staff member it was, but ...'

She then says the girl told her to zip it and not say a word: 'I never said anything'.

1 'After I'd been at Balnacraig for a couple of years, I told my dad about Mr GHG hitting me and he came 2 down to batter him, but he was restrained. GHG 3 4 in his office and someone, I don't know who, stopped my 5 dad from going in. I paid for that because afterwards, I got ripped right into by SGQ . He didn't beat me, 6 but he scared me. His voice was different. He wasn't 7 8 yelling, but he was really intimidating and I never told my dad anything ever again. My dad would ask but 9 I would just tell him everything was fine. I was too 10 11 scared to say anything. 'When I got to 14, Mr GHG took me to another 12 Children's Panel and he was chuckling because he thought 13 14 I was going back to Balnacraig again. I don't remember everything I said, but I do remember telling the panel 15 about the lesbians that were there. The panel put 16 17 Mr GHG out of the room and I told them the truth about [she names the girl with the nickname] coming into 18 19 my bed. 20 'It was a relief for the first time somebody actually believed me. The panel got Mr GHG back in 21 22 and I was told I was getting home with my dad. I was so happy. Mr GHG was still fighting for me not to get 23

a fact that if it hadn't been for that lesbian,

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home but the panel weren't having any of it. I know for

- 1 I wouldn't have got home.
- 'I don't know if anything more was done about what
- 3 I told the panel or if there was any sort of
- 4 investigation. I was just pleased to be getting home.
- 5 'I was 14 when I got out of Balnacraig and my family
- 6 were still in the house...'
- 7 This was the last house in Aberdeen.
- 8 'I thought the nightmare was over once I got out,
- 9 but it wasn't. It was just beginning again, but it was
- 10 a different nightmare. It got worse.'
- 'Mari-Anne' says in relation to after being in care,
- 12 paragraph 123:
- 13 'I didn't fit in anywhere. I didn't know anybody.
- I had no friends because I couldn't make any when I was
- only getting home for the odd weekend.'
- 16 She says she could hardly recognise her little
- 17 brother because he had grown so much. Her mother
- 18 couldn't handle her and she instead threw her, she says,
- 19 to her aunt that she was close to to look after her and
- 20 she says that she stayed with that aunt more than she
- 21 stayed with her family, because she understood her and
- 22 knew her better.
- 23 She said she was given another social worker,
- 24 because the previous one had moved on, and then she went
- 25 to Hilton Academy for a while but that didn't last.

- 1 She says at paragraph 127:
- 'Everything [she name the first social worker] she
- 3 had insisted I was before I went into Balnacraig,
- I turned out to be. I was expelled when I was 15 for
- 5 battering a teacher. I'm not proud of it, but I didn't
- 6 know any different.'
- 7 She was then put to another high school and she was
- 8 given a befriender and she was there for six months but
- 9 was hardly ever there. They found out she had been
- 10 skipping classes and she was put to another school, but
- 11 she was almost 16 by that point and never went. She
- 12 then got pregnant at 16.
- 13 She comments at paragraph 129:
- 14 'Nobody had told me about the birds and the bees and
- 15 I never knew I was pregnant. My stomach just kept
- 16 growing.'
- 17 Eventually she says she went to an antenatal clinic
- and a letter came for her addressed to a 'Mrs' and then
- 19 her surname and her mother thought it was for her and
- opened it and told her dad. She said her dad, when he
- 21 heard, punched her in the stomach.
- 22 She then talks about the fact she gave birth to her
- 23 daughter and her parents looked after her first, but
- 24 then she was put in foster care when she was two. She
- 25 came back but she was eventually taken off of her for

adoption when she was five and 'Mari-Anne' says she was
in prison at the time. She was asked to sign adoption
papers but refused, but she was taken off her anyway.

The social work had said that her parents were unfit to look after her daughter. She then says she started getting in trouble and ended up in prison at 18 for fraud with cheques and that a judge told her she needed to have a job, a stable environment and a partner who worked if she wanted to get her daughter back. She says she got the partner, but she never loved him and they got married when she was 21 for all the wrong reasons and divorced when she was 23 and she never did get her daughter back.

She then had a new relationship when she was 25 and she was with that person for six years. She had two ectopic pregnancies with him before they had IVF and gave birth then to twin girls. Although her and the father of those children have split up, they're still friends and she says he's a rock and he's the only person in her life she's felt safe with.

'Mari-Anne' at paragraph 134 says:

'I went to college when I was in my late 20s. I was studding psychology and sociology because I wanted to be a social worker.'

She says that she became pregnant with the twins

- 1 while she was studying and then, once she had them, she 2 focused on them and dropped out of college. She wanted her kids to have stability and not have 3 a childhood that she had. She says that they've had a good upbringing and now they're both qualified nurses 5 and that one of her daughters has two children of her own, so she's a grandmother. 7 8 'Mari-Anne' then talks about impact from paragraph 136 and she says: 9 10 'Being in care as a child isolates you. I have no 11 trust in people. I have few friends. I had no sense of 12 fear. I came out of Balnacraig as a dysfunctional 13 delinquent. I didn't care about anything. It broke 14 every tie I had with my family and I was always arguing with them. It broke any relationship I had with my 15 16 mother and it badly affected my relationship with my 17 siblings.' 18 She says: 'I was carrying so much anger inside me that when 19 20 I was 16 years old and my brother [she names him] was 21 15, I took a bat to him and broke his arm. I never 22 apologised to him for that, but I swore I would never
 - She talks about trying to commit suicide when she was 15 or 16 and wanted to die

hurt any of them again.'

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- and ended up in hospital on a life-support machine.
- She talks about having hate towards her first social
- 3 worker in the way that she treated her and the lies she
- 4 told about her. She says she knows she needs to let it
- 5 go, but it's hard.
- 6 She then talks about reporting abuse and in
- 7 particular, this is from paragraph 144 onwards, those
- 8 paragraphs relate to the abuse in relation to her uncle
- 9 and she talks about speaking to police officers when she
- 10 was 38 about that situation.
- 11 She says that the person was charged, but it never
- 12 went to court and she doesn't know why, but it was maybe
- 13 to do with the fact he'd had a stroke and he's now dead.
- 14 At paragraph 157 onwards she talks about lessons to
- 15 be learned:
- 16 'I think care homes do more damage to kids than
- 17 anything else. I went into care as a victim of bullying
- and by the time I came out, I was a nightmare. That's
- 19 what it taught me. It didn't teach me to be a lady. It
- 20 taught me how to be a delinquent.'
- 21 Paragraph 180, she says:
- 22 'Balnacraig wasn't all evil and bad, there were some
- 23 good times, but it ruined my life. Balnacraig took me
- 24 away from my family and made me feel as if they were no
- 25 longer part of me. Perhaps if I'd got home more, it

- 1 might have been different, but I felt isolated and
- 2 separated from them all.'
- I should have said, my Lady, at paragraph 159 she
- 4 says:
- 5 'I want the Scottish Child Abuse Inquiry to get the
- 6 truth of what happened to me and all the others. The
- 7 Inquiry needs to make sure that people know about what
- 8 happened in the past. Everyone responsible for doing
- 9 all that damage to us children should be named and
- 10 shamed. I want the truth and I want justice for me and
- 11 all the other children.'
- 12 She has made the usual declaration and she has
- 13 signed that and it's dated 20 November 2019.
- 14 LADY SMITH: Thank you very much.
- 15 It's 3 o'clock. I think we should take a break now,
- are we going to do another read-in afterwards?
- 17 MS FORBES: Yes, my Lady.
- 18 LADY SMITH: Thank you.
- 19 (3.01 pm)
- 20 (A short break)
- 21 (3.12 pm)
- 22 LADY SMITH: Mr Peoples.
- 23 MR PEOPLES: My Lady, the next read-in is a signed statement
- from an applicant whose pseudonym is 'Jane'.
- 25 Can I just say, this is the 'Jane' that was referred

1 to this morning with David Law, 2 the person I mentioned with the name 'Jane'. 3 'Jane' (read) 4 5 MR PEOPLES: I'll just read her statement, the reference is WIT-1-000000408. 6 First of all, 'Jane' tells us from paragraphs 2 to 7 7 8 about life before going into care and she says her mother was very young when she had 'Jane's' sister and 9 'Jane' out of wedlock, her sister was two years older. 10 11 'Jane' tells us at paragraph 3 that she lived with 12 her mum and her mum's mum, I think that is, and dad and brothers and sisters on a farm or in farm buildings. 13 14 She says that she thought, when she was younger, that her mum and her mum's siblings were her brothers 15 and sisters. She said with her mum not being married, 16 17 that's how we were brought up so there wasn't a big age gap between perhaps a large number of people in this 18 19 family arrangement. 20 At paragraph 4 she says her family travelled a lot because they were farm workers and went wherever there 21 22 was work to do. She says that they were living in a farm cottage near Bridge of Earn when 'Jane' and her 23

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sister were put into care at Wellshill School. We know

a bit more about Wellshill now because of evidence from

1 this morning.

'Jane' tells us at paragraph 5 that she was five when she and her sister went to Wellshill. She says they were not told why they were going to live there, but she says in later years at paragraph 6, she found out that her mum had married a man about a month before 'Jane' and her sister were put into Wellshill and went on to have eight children together and I think she concludes that perhaps the marriage, at least, played a part in the decision to put 'Jane' and her sister into Wellshill.

The next part is to do with Wellshill School and

I'm not going to go back over that, other than to say
that she was there when Miss GXJ was SNR and

I think I said this morning, and it's in this section,

Wellshill, at paragraphs 8 to 18, that she says there
was no love or nurturing at Wellshill. She mentioned
one occasion when she was smacked on the bottom by SNR

SNR and she also recalled SNR being attacked
by two older girls.

She tells us that she, and indeed the staff, including SNR, moved to Balnacraig in 1950, that is paragraph 18, page 4, when 'Jane' was seven. We heard the background to that, of how Wellshill in fact was the school but it changed its name when it moved to

- 1 the new building.
- 2 Paragraph 21, she says there were seven or eight
- 3 dormitories and she says that there were about six girls
- 4 in her dormitory, that is at paragraph 24. So if that
- 5 was representative, I suppose doing my arithmetic, there
- 6 might be around 40 girls or slightly more. It's not
- 7 clear. I'm not sure she puts it as high a number as
- 8 that.
- 9 At any rate, she was in a dormitory with a number of
- 10 other girls. She tells us a bit about the routine and
- 11 I'm not going to read that. I think we can just -- it's
- 12 there, but what I will say is on one matter about
- 13 clothes and belongings at paragraph 30, page 6, she
- 14 says:
- 'We didn't have a lot of belongings.'
- 16 She says:
- 17 'We kept our things in the little locker at the side
- 18 of our beds. I remember had a doll and a cloth bunny.
- 19 The staff must have gone into the lockers to see what
- 20 was there, because they moved things sometimes. They
- 21 never asked us if there was anything we wanted to keep.
- 22 They'd just take it away. My cloth bunny was taken and
- I kept asking where it was but I didn't get it back and
- I think they must have put it in the furnace.'
- 25 Paragraph 31, she tells us:

- 1 'We never went out shopping for clothes. We just 2 got hand-me-down stuff.'
- 3 As far as school is concerned, she says at
- 4 paragraph 32 that the girls in Balnacraig didn't all go
- 5 to the same school. She went to a local primary school
- and then on to Perth High School.
- At paragraph 33, she says she thought primary school
- 8 was all right. She says:
- 9 'I wasn't exactly a rebel, but I could stand up for
- 10 myself.'
- 11 Going on to her time at Perth High School in
- 12 paragraph 34, page 7, she says she got on well at high
- 13 school. She was top of her class in maths and near the
- 14 top in arithmetic, she liked sewing and music but wasn't
- 15 so keen on the gym.
- So far as the schools were concerned, paragraph 35,
- 17 she tells us that the girls from Balnacraig weren't
- 18 treated any differently by the teachers or the other
- 19 pupils at school. 'Jane' says she got on very well with
- 20 everybody and she says that she had a teacher who had
- 21 worked abroad, who presented her with a book,
- 22 'The Children of the New Forest', for being the
- 23 best-behaved girl in the class. 'Jane' says:
- 'I knew I wasn't the best-behaved girl and I think
- 25 she did it because she knew I was in a children's home

- and she wanted to make me feel special, like I was
- 2 somebody. It did make me feel special. I still have
- 3 the book.'
- 4 Then she says at paragraph 36:
- 5 'I was never made to feel special in Balnacraig. We
- 6 were never encouraged to do well at school.'
- 7 I think the point she makes there, and I'm not going
- 8 to read it all, is that, although she was doing well as
- 9 school in certain subjects, it wasn't really recognised
- 10 and she was moved in the direction of a particular type
- of work when she would leave Balnacraig.
- 12 At paragraph 38, she says:
- 13 'There was no bullying among the girls, I was able
- 14 to stand up for myself anyway.'
- 15 That is page 8. Then on page 9, in the same
- 16 paragraph:
- 17 'I know some of the girls misbehaved but I don't
- 18 know what they did. Some of them were sent away to
- 19 schools in Edinburgh, like Dr Guthrie's.'
- 20 'Leisure time', I'll not read through that, but
- 21 there was leisure time, she liked going out and going
- 22 out in the grounds and so forth, and there was a degree
- 23 of freedom there that she describes. She recalls
- 24 Christmas being a good time, when there was a visit from
- 25 the Lord Provost, who would come dressed as Santa and

- 1 give them presents. In contrast, she says as far as
- 2 birthdays are concerned, paragraph 44:
- 3 'I knew when my birthday was, but it wasn't a big
- 4 thing.'
- 5 She's not suggesting it was any different for any of
- 6 the other girls, as she recalls.
- 7 She talks a bit about trips and holidays between
- 8 paragraphs 45 and 47, saying where she would go and that
- 9 she would also visit a family that lived locally at
- 10 paragraph 46. She has very good memories of those times
- and what she did when she was with that family.
- 12 On healthcare, she does say she was ill quite a lot
- and had to stay off school and gives us a bit of
- 14 information about that.
- 15 She talks about religion, that she says they did go
- 16 to church on a Sunday, but did not receive religious
- 17 education as such. Just going to church was really just
- 18 for her part of a routine that was done at that school.
- 19 As far as family's concerned, she refers to that at
- 20 paragraphs 51 to 53. She says:
- 21 'I didn't spend much time with my sister.'
- 22 Her sister was in the same place, but she explains:
- 23 '... she had her friends and I had mine.'
- 24 They were different age groups. She does say at 52:
- 25 'We were kept apart from the rest of our family for

- 1 a long time. I don't think we were meant to get in
- 2 touch with them. I don't know how it came about, but we
- 3 got back in touch.'
- 4 She thinks when 'Jane' was 12 or 13, when she and
- 5 her sister visited their grandfather. It's at that
- 6 point, I think, she realised the relationship with the
- 7 other members of the family, that she had stayed with
- 8 when she was young.
- 9 At paragraph 53, she says:
- 'None of my family came to the home to visit, but
- I remember we used to see two of my mum's brothers who
- 12 would take us around town to the pictures or for
- 13 something to eat at tea time.'
- 14 She then has a section from paragraphs 54 to 58
- 15 about running away. She tells us in that section of her
- 16 statement that she ran away three times in all.
- On the first occasion, paragraph 55, when she got
- 18 back she tells us SNR took her upstairs to her
- 19 bed. She doesn't think she was punished. On that
- 20 occasion, she gave her a hug and apologised for running
- 21 away.
- 22 She talks about two other times and I think it's
- 23 really the same effect, she doesn't think she got
- 24 punished as such for that.
- 25 She says at 58, she gives an explanation that she

1 ran away three times, but always on the spur of the 2 moment:

3 'Just get up and go. It was just like I wanted
4 freedom and had to run.'

Then perhaps we get to the bit that has perhaps exercised her most when she reflects back, preparation for puberty and adult life. I'll just read what she says from paragraph 59, page 13:

'Nobody ever sat down and spoke to us about growing up. We were not prepared for puberty and never got any explanation about periods. I remember one day when [I think this is one of her friends in Balnacraig] and I were walking from Balnacraig to see the family we used to visit and we went into a chemist and bought a wee booklet on the facts of life. We really didn't know anything at all and we were all excited reading this wee booklet. I remained ignorant of the facts of life well into adulthood.

'One thing I was really angry about in Balnacraig
was that we weren't very well supplied with sanitary
products for our time of the month. We were expected to
use just one all day. I remember one day I was so angry
with one of the staff, because she wouldn't give me
something to change with, and I started struggling with
her to get it.

1	She goes on in paragraph 61, there wasn't really any
2	love or nurturing in Balnacraig. The basics were done
3	for us but there was nobody to talk to if we had
4	concerns and we were never encouraged with anything.
5	That time when I ran away and SNR came up to see
6	me in the bedroom and I gave her a hug and said sorry,
7	stands out to me. I think I gave her a hug once or
8	twice in the whole time I was there. She didn't hug
9	me.'
10	As far as visits and inspections are concerned, she
11	says at paragraph 62:
12	'I don't remember any official visitors coming in to
13	see how Balnacraig was being run. As far as I'm aware,
14	nobody ever came in and asked me how I was getting on in
15	there.'
16	She then has a section on discipline, paragraphs 63
17	and 64, and I'll read what she says:
18	'I was naughty once and had to come downstairs and
19	scrub part of a stone corridor. We normally had a floor
20	to sweep or something like that at the weekends, but we
21	didn't usually do any scrubbing. That was only when we
22	were being nunished. It didn't hannen very often. We'd

'The older girls helped SNR a couple of

have to sit on the bottom stair sometimes as

a punishment as well.

23

24

times when I was getting hysterical at my time of the month, but I don't think they had the authority to discipline any of the children themselves.'

Then she has a section that's headed 'Abuse at Balnacraig School' starting at paragraph 65 and running through to 68. I'll read what she says there:

'I used to get all worked up when I reached puberty and it was my time of the month. Sometimes I would get hysterical or I'd be laughing and then I'd end up crying.

SNR

used to give me a little white pill about once a month, which I now think was to do with how I behaved during my time of the month. She never told me what it was. I must have been really bad one time, misbehaving and being hysterical, and SNR

took me into a room and told me to strip and go upstairs and get a cold bath. She then got two or three of the girls to help restrain me and they carried me upstairs naked.

I remember I was struggling and screaming all the way up the stairs. It was so humiliating.

'I was hysterical again in the recreation room another time when I had my period and SNR told some of the girls to restrain me. I was hysterical and they were holding me down on the floor with their hands and knees, trying to quieten me down. I think I got some power or energy from the girls around about me and

that made me scream and shout all the more. I kept screaming at them until they let me go.'

She goes on to deal with another occasion when she and a friend at the school went early from a church service, or got out early from a church service at the end of the school term one day, and she says they went away with their boyfriends who used to walk them home:

'On the way home that day, we went up one of the closes and just had a wee kiss. We were then a wee bit late getting back to the home and Miss GXJ was standing on the verandah waiting for us. She said that she knew what we had been up to, she must have thought that we were having sex, which we definitely were not. That was out of the question in our day. We were really innocent and ignorant back then.

and then told us to go upstairs and have a bath with Dettol. She wouldn't listen to us when we told her that nothing had happened. It was dreadful. It's still very upsetting for me when I think about this now. I was a young girl in puberty and I was made to strip and walk upstairs with no clothes on. It was so humiliating.'

She then tells us that shortly before she started work, she was in a hospital setting for some form of assessment when she was around 15. She describes it as

a hospital where people went when they had had nervous
breakdowns, she says:

'They wanted me to be assessed to see if I was all
right before I took a job.'

She goes on to say at paragraph 71:



Secondary Institutions - to be published later 1 2 She says, at 76, page 16: 3 'I was in Balnacraig from 1950 to 1957. I left when 4 I was 15.' 5 It appears that she and her sister left at that 6 point in time. She says about her departure at 7 paragraph 77: 8 'Someone from the welfare department came to see me before I left. Nobody from the welfare department had 9 10 ever visited before. There was no preparation for 11 leaving. I just got told where I was going.' 12 She was taken to a workplace, which she tells us about at paragraph 78, which was working in a home for 13 14 women with disabilities in Broughty Ferry. She tells us that she helped the cook and did some domestic work and 15 16 got on fine there and got on fine with -- indeed she 17 says: 'I got on fine everywhere I worked. It was 18 19 a live-in job and I shared a bedroom with my sister. 20 I don't think we had any further contact with the 21 welfare department or anybody else. I think we were 22 just put there and left to move on into adult life by 23 ourselves.' 24 Then she describes a happy time here, but after that

she did have a good time and she went to cafes with

- 1 jukeboxes and seemed to like being in cafes, drinking
- 2 soft drinks, chatting and playing the jukebox. She
- 3 says:
- 'Those were the happiest times of my teenage years.'
- 5 She says at paragraph 81:
- 6 'I stayed in the job in Broughty Ferry for about six
- 7 to eight months and then I was off again.'
- 8 She goes on at paragraph 82 and page 18:
- 9 'What a life I had as a teenager. I don't know
- 10 where I got the energy from. If I wanted to leave
- 11 somewhere, that's what I did. I stayed here, there and
- 12 everywhere. It was also a difficult and restless time
- 13 though. I didn't have anywhere to call home. It would
- 14 have been nice to have had somewhere I could return to
- or someone to talk to, but I didn't have anyone. I had
- 16 to look out for myself.
- 17 'At one point when I was still only about 16, I went
- 18 back to Balnacraig because I was totally lost and didn't
- 19 know what to do. SNR didn't give me any help or
- 20 support.'
- 21 She arranged, she says, for her to go back to the
- 22 hospital she had previously been in, where she stayed
- 23 for about three months.
- 24 She then said when she came out of that hospital she
- 25 went to the Salvation Army, who got her a job in Alloa

- for about a year.
- She went to Kinross and worked in a private house
- 3 and she was there for about two years learning to cook.
- 4 She got married for the first time when she was 21.
- 5 She had two sons and she married again in 1977 and she
- 6 says that she broke up with her second husband six or
- 7 seven years later.
- 8 On reporting, she said at paragraph 86:
- 9 'I didn't report what happened to me in Balnacraig,
- 10 because back then you didn't think about doing that. We
- 11 didn't know we had any rights. As far as I was
- 12 concerned, SNR was and we just had to
- 13 live by whatever she said.'
- 14 She goes on to say, and this is relevant to what she
- 15 says at the end of her statement, that she wanted to
- 16 tell the local Provost a few things about Balnacraig:
- 'So I wrote to her recently.'
- 18 She signed her statement in 2020:
- 19 'I got a phone call from the Provost's secretary,
- 20 who took a few notes but I didn't hear from her again.
- 21 After a few months, I got back in touch but they weren't
- 22 interested in hearing from me so I never got chance to
- 23 meet with the Provost.'
- 24 She says she has never spoken to the police about
- 25 Balnacraig.

- On 'Impact', on paragraph 89 and following, she
 says:

 'I have never had any treatment or support because
 of my experiences as a child. You just move on and do
 the best you can.'
- 6 She says at paragraph 90:
- 7 'I was a great mum, but I carried on moving from place to place, even after I had my children.'
- 9 At the end of that paragraph:
- 'I have never felt that I belonged anywhere or to anyone.'
- 12 At 91:

25

- 'I think I would have had a better career if my

 ability in maths, arithmetic, sewing and cooking had

 been recognised and encouraged by the people looking

 after me.'
- 17 At paragraph 92, she says in the 1980s she wanted a change of lifestyle and tells us that she stopped 18 19 going to clubs, drinking and playing darts and took up 20 hill climbing and she became friends with a fellow hill 21 climber and tells us that she had been doing 22 housekeeping in private houses at that time and she was asked to look after this person's mother when he was 23 away on expeditions. She says that she ended up staying 24

there much longer than the initial agreed period. She

- said it was a wonderful time for her, she said:
- 'My friend helped me because he wouldn't listen to
- 3 people who talked themselves down. When I used to say
- 4 that I felt bad about moving house an awful lot with my
- 5 children, he would tell me that I hadn't done anything
- 6 wrong, reminding me that I had worked for myself and
- 7 hadn't relied on anybody else for money. He gave me the
- 8 greatest of confidence. I still keep in contact with
- 9 him now. It's absolutely brilliant.'
- 10 She goes on at 93:
- 'I don't like to tell people that I was brought up
- in Balnacraig. It's a shame really, because it's
- a natural thing to talk about your family and childhood,
- 14 but I don't. I just keep myself to myself.'
- 15 She says in the final sentence in 93:
- 16 'I decided some time ago not to tell anybody where
- I was brought up, because people look down on you when
- 18 they hear you were in Balnacraig.'
- 19 At paragraph 95, she continues on that matter:
- 'I keep telling myself that I shouldn't be ashamed
- 21 of being brought up in Balnacraig, because it wasn't my
- 22 fault that I went there. Children shouldn't be punished
- 23 for what happened to their parents. People should bear
- 24 this in mind and not look down on anyone who is brought
- 25 up in care.'

- 1 At 96 on page 21, she goes on:
- 2 'I feel as if we were judged and held down by
- 3 certain people.'
- 4 As an example to that she says that she had
- 5 a diagnosis with ME in 1991 and she said:
- 6 'A doctor wrote a medical report on me for the DSS
- 7 and instead of just putting down ME, he wrote something
- 8 about my troubled childhood. There was no need for him
- 9 to scrape up things from my childhood to make my health
- 10 sound worse.'
- 11 She goes back to the time at Balnacraig at 97 and
- 12 says:
- 13 'I sometimes think back to those two incidents in
- 14 Balnacraig when I had to strip naked. It was so
- 15 humiliating. I get upset now when I think about it.'
- On 'Records', she says at 98:
- 'I don't have any records from Wellshill or
- 18 Balnacraig.'
- 19 But she says she knows there must have been records,
- 20 because when she got in touch with Balnacraig in the
- 21 1990s:
- 22 '... someone who was working there at the time said
- 23 that I was "feisty". I'm assuming that they got this
- from records. I used to phone now and again to see if
- 25 I could go up and speak to them as an "old girl", but

- they were never interested.
- She goes on. She's not happy perhaps that people
- 3 keep records for a long time and that people can find
- 4 out from them, at least what the records say they were
- 5 like. I think she seems to take some exception to the
- 6 expression or at least to finding this particular
- 7 expression used and why it was written in the record.
- 8 She goes on to tell us, and I'm not going to take
- 9 too much of this, but she goes on to say she did start
- 10 writing a autobiography, and I have to say we do have
- 11 that as a document or copy. I haven't referred to it,
- 12 but we have it.
- 13 LADY SMITH: She had two attempts, is that right, at writing
- 14 it?
- 15 MR PEOPLES: Yes. She started it and I think then she put
- 16 it down, but she says the reason she wanted to write it,
- 17 she says at 101:
- 18 'I felt that I had to write it down because I had no
- one to talk to about my childhood and teenage years.'
- 20 She goes on, on this theme at 102:
- 'I went to see a solicitor to talk to him about
- 22 Balnacraig, but he wasn't really interested. I took my
- 23 story with me and wanted to give it to him but he
- 24 wouldn't take it. He looked up Balnacraig on the
- 25 internet and somehow got in touch with the lady who was

1 running it then [whom she names] I think she was someone
2 from Perth Homes Trust ...'

She gives her name. She says that that person from the trust, she says, wrote back to the solicitor and told him that I had said my time in Balnacraig was one of the happiest times of my life. I had to write back to my solicitor and let him know that I had never said that, but nothing more came of it. I think people just twist things to suit their own agenda.'

She goes on at 103:

'I used to phone Balnacraig because I had done lots of things since leaving there, such as hill climbing and painting and I've written poetry and I thought they could maybe help me to get a book made up. I thought I could let the children living there at the time see what I had done, hopefully to inspire them, but they never took me on.'

She goes on and says in 2002, at paragraph 104:

'I went to an open day at Balnacraig [...] Not once at that open day [this is the woman she had spoken about earlier from the trust] did that person mention my name or say that I was there because I was an "old girl". It had been my home for ten years, but she never introduced me to anyone. I was standing there amongst everyone and it was like I wasn't even there. They left me to go

- 1 around the building on my own.'
- She goes on under 'Hopes for the Inquiry' at 105:
- 'I hope that people learn not to judge children in
- 4 care. It's not their fault that they're in care.
- 5 I also hope that the children in care now get better
- 6 opportunities than I had. They should be given every
- 7 chance to follow what they're good at in school and
- 8 should be encouraged to do so.'
- 9 She goes on at 106 to say:
- 10 'It's been a great big relief to spill all of this
- 11 out. I'm glad that I've finally had the opportunity to
- 12 be listened to. None of the other people I approached
- 13 wanted to listen to me.'
- 14 She says in the same paragraph:
- 'I hope the Inquiry brings about a change where
- 16 people in authority become more open to listening to
- people who were brought up in children's homes.'
- 18 She states the usual declaration, that she has no
- 19 objection to her statement being published, and believes
- 20 the facts to be true. She signed that statement in
- 21 September 2020.
- 22 LADY SMITH: Thank you very much.
- 23 MR PEOPLES: I think the next one might go over so maybe we
- 24 should just halt. We had a long day yesterday.
- 25 LADY SMITH: I think we should call a halt. We had a long

1	day yesterday. We have done well today. Thank you for
2	that.
3	We'll resume at 10 o'clock tomorrow morning.
4	Thank you very much.
5	(3.44 pm)
6	(The Inquiry adjourned until 10.00 am on
7	Friday, 4 October 2024)
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